

VALLEY SPOKESMEN

Group Ride Schedule and Newsletter

*Come ride
with us!*

Valley Spokesmen Bicycle Touring Club P.O. Box 2630 • Dublin, CA 94568 • www.valleyspokesmen.org

President's Message

Marcus Van Raalte

The February President's message is about what you can expect from the Valley spokesmen in 2015. More details can be found on our Website at www.valleyspokesmen.org

Mid-winter Party (2015 Members and members guests only) 2/7/2015 – This is a great get together, recalling the previous year's cycling and meet those that we have been cycling with but have never seen dressed. i.e. not in bicycle clothes and helmet.

Cinderella Classic/Challenge (4/18/2015) – This is our annual ride for women/girls held in the Pleasanton area for the last 38 years for more than 2000 women each year, the women bicycle a course of 65 or 85 miles. We look after everyone with multiple breaks with food and drink and we all have a great time – riders and volunteers.

Bicycle Bike Swap (4/19/2015) – Our Bike swap meet is held annually at Dublin High School to offer people a place they can buy and sell bicycles, parts and clothing.

Feather Pedals Group – This is a special group in the Valley Spokesmen to encourage women in particular, but really men also to get out on their bicycles to ride. This group hosts a series of 13 rides for the Cinderella Classic/Challenge. The rides started on 1/17/2015. These rides start very short and easy and gradually evolve to make sure all are ready to participate in the Cinderella Classic. Each week, SAG support is available for the shorter "classic" route.

Paso Robles Tour (5/21 – 5/23 2015) – Over 3 days the Valley Spokesmen take a leisurely ride from Sunol to Paso Robles through beautiful scenery of the south bay. Also once we are in Paso Robles "The Great Western Bicycle Rally" is in full swing and we join in with their fun program.

Tour of the Sacramento River Delta (TOSRD) (October 10-11) – This is a 2 day event over the roads of the Sacramento River delta; very unique and flat area of northern California. We ride about 60 miles each day and stay overnight near old town Sacramento. This trip is a fun time for all and a great initiation into longer rides for the beginner.

Valley Spokesmen Racing Team (VSRT) – Our club also has a Bicycle Racing team, so if you want to Race we can help you with that. The racing team at www.vsracingteam.org organizes the Wente Vineyards Classic Road Race on 4/26/2015 in Livermore. Each year many of us help with this event and have a great time seeing how the pros and semi pros do it.

Valley Spokesmen posted Group rides. Our members use the ride calendar on our website to record the group rides. The club posts many rides every week, especially on weekends. These rides vary from very short and slow to long and fast. Each ride is rated to help you know what to expect. Every ride has a host, we are always looking for new people to host rides and how to do this is explained on the website.

Valley Spokesmen in our communities – The club is active in each of the communities' of our area. We join in with groups advocating and promoting bicycle use. We attend local city council meetings to support and encourage efforts to improve bicycling conditions in our region. Beyond that we also join regional and national groups supporting bicycle use. As part of this we have arrangements with local stores to offer our members discounts.

TOURING RIDE RATINGS

All rides are rated according to predicted difficulty.

TERRAIN:

- 1) Generally flat with a few easy grades, suitable for beginners and casual riders.
- 2) Mostly easy grades with a few rolling hills, a challenge for beginners.
- 3) Moderate grades, some challenge for the average rider.
- 4) Steep grades with some relief.
- 5) Mostly steep grades, for strong riders.

PACE:

ND) No Drop - this means that the group will do its best not to lose any rider. No Drop is at the leader's discretion. Out of consideration to the other riders, check with the ride leader to determine whether you should ride on a particular ride.

- L) Leisurely, many regroupings.
- M) Moderate, occasional regroupings.
- B) Brisk, few stops.
- S) Steady, strenuous, rapid pace.

The speeds of the following ratings can be estimated by the following:

On the flattest 20-mile route (San Ramon Valley Blvd. e.g.), the average speed would be approximately:
L=12 mph M=16 mph B=19 mph S=22 mph-plus.

It is each rider's responsibility to assess his or her own riding ability and fitness level and compare it to the ride rating before attempting a ride. If in doubt as to which level ride you should try, it would be best to start at the lower level and ride at that level until you feel comfortable moving on to the next level. Although there are periodic regroupings and most hosts do their best to keep the group together, the only rides that are no-drop are the ones specifically stated ND.

Rides listed as "Beginner Friendly" will often times be ridden by our most experienced riders, who just prefer to ride at a more leisurely pace. They will assist newer riders if requested. There will be slower-paced riders on these rides and will sometimes be listed as ND. Rides may be listed as Beginner Friendly if the route is an out-and-back and can be done at your own pace with your own turn-around point. Calaveras would be a good example of this. If in doubt, contact the ride host to get detailed information about a specific ride.

Rides listed as "Advanced Rides" are at a fast pace where riders will work together in a pace-line with minimal / no regroupings. Not recommended for new riders.

All riders are welcome to show up for any ride scheduled, as long as you are prepared for possibly riding the route alone if it is above your level. Route slips are distributed at the start of a ride unless it is listed as a Show-n-Go, in which case the group will decide the route and no route slips are used.

It is our goal to provide as many varied rides as possible and to help guide our members and guests to the rides best suited to their riding preference / experience.

MOUNTAIN BIKE RIDE RATINGS

All rides graded according to predicted difficulty as follows:

- 1) EASY: Mostly flat with few hills.
- 2) EASY/MODERATE: Increasing hills but mostly flat; of short distance.

3) MODERATE: Generally hilly terrain with some rough terrain & occasional obstacles.

4) STRENUOUS: Long, steep ascents and descents & very rough terrain.

5) MOST STRENUOUS (GONZO): Better have a few espressos before saddling up - ridiculously long, steep climbs & drops; lots of obstacles.

Always bring adequate water and food.

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HELMETS ARE REQUIRED ON ALL VALLEY SPOKESMEN RIDES!!

No headphones or ear buds (except hearing aids) of any type are permitted on Valley Spokesmen rides. No cell phone use while actively riding.

ATTENTION: All riders must sign a liability waiver form, which is on the ride sign-in sheet. from the ride leader.

WEATHER: If there is a chance of rain, snow, sleet, hail or extreme temperatures on the day of the ride, the ride status will be posted to the VS e-mail list. Or contact the ride host before the ride for an up-date. For Mountain Bike Rides, rain 48 hours prior to the ride cancels.

DURATION OF RIDES: If you wish to know the approximate length of time for any of the following rides listed - including rest stops, lunch stops, sightseeing, etc., - please e-mail or call the ride host.

CAR POOLING: Car pooling is strongly encouraged, particularly on the out-of-town rides. Car pools are often posted to the VS e-mail list or post one yourself

SAFETY: Bikes and cars have equal rights!!!

Remember to use courtesy toward other users of the roadway and pay attention to ALL Vehicle Codes. Bicycle rider courtesy to motorists results in motorist courtesy to bicycle riders.

CODE OF CONDUCT: All Valley Spokesmen members are expected to interact with one another with respect. The use of inappropriate behavior and/or language may result in suspension leading up to expulsion from the Valley Spokesmen club. Determination of disciplinary action will be decided by the Executive Board. If you stop to take a cell phone call the group is not obligated to wait.

VERY IMPORTANT: ALL RIDES LEAVE AT THE SCHEDULED TIME INDICATED. PLAN TO MEET 15 TO 30 MINUTES BEFORE THAT TIME!

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Note: Ride changes, cancellations and additional rides are posted to the VS e-mail list and the web site ride calendar www.valleyspokesmen.org/ridecalendar

Be informed: current VS members can register for the VS e-mail list:

<http://www.valleyspokesmen.org/Sys/vs-list>
and follow the prompts.

STANDING RIDE OVERVIEW:

MONDAY and WEDNESDAY morning ride in Walnut Creek area starting at 9:00 a.m.
 TUESDAY night Mountain Bike rides from Lake Chabot
 TUESDAY and THURSDAY conditioning rides from Dublin leave at 9:30 a.m.
 TUESDAY and THURSDAY evening T 'n T rides will resume in the Spring
 ODD FRIDAY morning ride from Central Park at 9:00 a.m. Beginner Friendly.

FEBRUARY 2015**SUN. 2/1/15 3-L/M, M, M/B 45-55 miles 9:30 a.m.**

STANDING VS 1st Sunday of the Month Ride. We will be riding a 45-55 mile loop from San Ramon Central Park and out to Livermore. There will be a group adding on the Flynn's to the route that is listed. We have a rest stop at the Starbucks in N. Vasco and Scenic, as well as the Starbucks on Vineyard in Livermore, before returning to San Ramon. Please feel free to join us and ride at your own pace. The route can be shortened after the 1st rest stop by returning on Greenville to Tesla and continuing on the route. See online calendar for route sheet. Ride Host: Peter Rathmann, 925-336-0973.

MON. 2/2/15 2-L/M 25-50 miles 9:00 a.m.

[Note that on very cold days the start time may change – there will be an announcement on VSlist.] Dick Skow will lead a group from Heather Farm every Mon. and Wed. morning. Monday rides will be shorter (25-35 miles) and more leisurely paced. Wednesday rides will be about 35-45 miles at a moderate pace. There will be a coffee or lunch stop on all rides. Meet at Heather Farm Park in Walnut Creek. Take I-680 to Ygnacio exit and go east; turn left at San Carlos Road into Heather Farm and park in the lot by the ball fields on the right. The route will be available at: <http://ridewithgps.com/users/74695/routes> at least 48 hours before the ride. Be sure to check for the ride listed with the correct date. Ride Host: Richard Skow, 925-939-6964, rskow@astound.net for ride details.

MON. 2/2/15 Monthly meeting of Valley Spokesmen

Racing Team at 6:30 p.m. at Livermore Cyclery, 2752 First Street, Livermore. Everyone welcome! Call Ted Vidnovic, 925-337-2803 or vidnovic@yahoo.com, for further information.

TUES. 2/3/15 2-M 20-25 miles 9:30 a.m. Tuesday and Thursday morning ride starting at Livermore Cyclery in Dublin (in shopping center at the SW corner of San Ramon Rd. and Amador Valley Blvd.). Route will be determined by the participants. This is a good ride for someone getting back to riding after a lay off for any reason. Be sure to let me know so I can tailor the ride otherwise you should expect a 14-18 mph pace. This is a social ride involving a Peet's Coffee stop. Ride Host: Bob Heady, 925-980-7989.

TUE. 2/3/15 Mtn-3 8-13 miles (13-21 km) 7:00 p.m. Lake Chabot Loop – Mountain bike trails. All levels are welcome. From I-580 westbound in Castro Valley take the Strohbridge Avenue exit; turn right on Strohbridge, right on Castro Valley Blvd., and left on Lake Chabot Road., then make a right turn on the road immediately after Arcadian Dr. and

follow it up the hill to a free parking lot on the left. Since cell reception in the park is sketchy, please leave a message if you plan to ride. Bring lights. Ride Host: Jane Moorhead, 925-980-9889.

WED. 2/4/15 See 9:00 a.m. Heather Farm Standing Ride details on MON. 2/2/15.

WED. 2/4/15 3-M 40 miles 9:00 a.m. Livermore - Lake Del Valle. We are riding in Livermore from the airport out to the lake and return back to town. Our route will take us directly to the lake and visiting the Marina area (bathroom/water only). We are returning using various roads in Livermore back to the airport. Bring plenty of water and money to buy for a coffee stop towards the end of the ride. Meet at the Livermore airport parking lot. Take I-680 S and exit Airway Blvd west, then right on Terminal Cir. Check VS calendar for updates prior to the ride. Route: <http://ridewithgps.com/routes/4452312>
 Ride Host: Gail Blanco 925-872-1001 gvblanco@aol.com

WED. 2/4/15 NO CLUB MEETING THIS MONTH. The next club meeting is scheduled for Wednesday, March 4, 2015.

THURS. 2/5/15 See 9:30 a.m. Tues./Thurs. Morning Standing Ride details on TUES. 2/3/15.

SAT. 2/7/15 2-M/B 65 miles 9:00 a.m. Starting at the shopping center at Vasco and Scenic in Livermore we'll ride over Altamont Pass to Tracy and through the farm and wetlands north of town. Our return will take us past Bethany Reservoir and along the aqueduct back to Altamont Pass Rd. Meet in front of the former PW store NW of the Starbucks in the shopping center. Ride Host: Rob Delfosse, 925-522-6270.

SAT. 2/7/15 2-L 30-38 miles 9:00 a.m. 4th in a weekly series of Feather Pedals conditioning rides leading up to the Cinderella Classic. The ride will start at the Park&Ride lot on Sycamore Ave. in Danville and will have a choice of two distances: 30 miles for the 'classic' ride, and 38 miles for the 'plus' ride. The Park&Ride lot is located at the NE corner of the Sycamore Ave. and I-680 interchange. Both women and men welcomed. Be ready at least 15 minutes early for announcements. Beginner friendly.
 Routes: <http://ridewithgps.com/routes/6149654>;
<http://ridewithgps.com/routes/6149658>
 Ride Hosts: Linda and Keith Nowell, 510-387-7156 and 510-457-5720.

SUN. 2/8/15 4-M 76 miles 9:00 a.m. Shannon Center to the 3 Bears. Join us for this challenging ride through some of the East Bay's most beautiful hills. We'll have a short warm up on San Ramon/Foothill Blvd. before ascending Dublin Canyon Road into Castro Valley. We'll then climb Redwood Road to Pinehurst. We'll regroup at Canyon and Pinehurst before ascending to Skyline Blvd. We'll take Skyline to Sibley Volcanic Regional Preserve (restrooms), then ascend Grizzly Peak to Wildcat Canyon. We'll regroup at Wildcat before it crosses San Pablo to Bear Creek Road. Most of the ride will be in rural areas with limited access to water and restrooms. Bring plenty of water and food. There will also be shorter options by returning on Canyon after Pinehurst. Meet at Shannon Center in Dublin. Take I-680 to the Alcosta exit and go south on San Ramon Rd.; turn right at Shannon and right again into the parking lot.

<http://ridewithgps.com/routes/6780871> Ride Host: Kathy Koos, 925-963-8506.

MON. 2/9/15 See 9:00 a.m. Heather Farm Standing Ride details on MON. 2/2/15.

TUES. 2/10/15 See 9:30 a.m. Tues./Thurs. Morning Standing Ride details on TUES. 2/3/15.

TUES. 2/10/15 See 7:00 p.m. Lake Chabot MTB Ride details on TUES. 2/3/15.

WED. 2/11/15 See 9:00 a.m. Heather Farm Standing Ride details on MON. 2/2/15.

WED. 2/11/15 3-M 40 miles 9:30 a.m. San Ramon Central Park - Diablo Jcnctn. – WC. Leave from San Ramon Central Park. Ride will be to the Diablo Junction and down into Walnut Creek with "re-hydration" after the ride at the San Ramon Hopyard (470 Market Place, S.R.) one block south of Central Park. Take I-680 to the Bollinger Canyon exit and go east; make a U-turn at Alcosta and a right into the parking lot. <http://ridewithgps.com/routes/2267409> Ride Host: Jim Conger, 925 876 4949, james.conger@gmail.com

WED. 2/11/15 Executive Board Meeting at the home of Bob and Bonnie Powers, 6640 Spruce Lane, Dublin at 7:00 p.m. Take San Ramon Road to Amador Valley Blvd; go east; turn right onto York Drive; turn right onto Spruce Lane.

THURS. 2/12/15 See 9:30 a.m. Tues./Thurs. Morning Standing Ride details on TUES. 2/3/15.

FRI. 2/13/15 2-L/M No Drop 25-35 miles 9:30 a.m. This Odd FriDay series of rides will start at Central Park and be geared toward the riders who show. Central Park is located at the intersection of Bollinger and Alcosta Blvd., across from the Library. ALL riders are welcomed! We generally do a coffee shop stop near the end of the ride. (Beginner Friendly) Ride Host: Gail Blanco, gvblanco@aol.com, 925-872-1001.

SAT. 2/14/15 4-M 107 miles 8:00 a.m. Livermore – Patterson – Del Puerto – Mines. Starting at the former Nob Hill location in Livermore (S. Livermore and Pacific Aves.), we'll head east over Altamont Pass and continue south paralleling the aqueduct to Patterson. Then it's up Del Puerto canyon to the summit and a stop at the Junction Café before taking Mines Rd. back into Livermore. Limited facilities along the way so bring enough food and water. Ride Host: Brahim Satoutah, bsatoutah@comcast.net

SAT. 2/14/15 2-L 34-36 miles 9:00 a.m. 5th in a weekly series of Feather Pedals conditioning rides leading up to the Cinderella Classic. The ride will start at the Park&Ride lot on Sycamore Ave. in Danville and will have a choice of two distances. The Park&Ride lot is located at the NE corner of

the Sycamore Ave. and I-680 interchange. Both women and men welcomed. Be ready at least 15 minutes early for announcements. Beginner friendly.

Routes: <http://ridewithgps.com/routes/6149678>;

<http://ridewithgps.com/routes/6149683>

Ride Host: Chris Pham, 925-997-6674.

SUN. 2/15/15 3-L/M 35 miles 9:30 a.m. Starting at the Bollinger Canyon Park&Ride we'll head south to Sunol and

then down Niles Canyon to Palomares. After climbing the hill we'll drop down to Dublin Canyon and return via Shaefer Ranch. Take I-680 to the Bollinger Canyon exit. The Park & Ride lot is at the southwest corner of the intersection behind the Chevron station. Bring water and snacks. Ride Host: Peter Rathmann, 925-336-0973.

MON. 2/16/15 See 9:00 a.m. Heather Farm Standing Ride details on MON. 2/2/15.

TUES. 2/17/15 See 9:30 a.m. Tues./Thurs. Morning Standing Ride details on TUES. 2/3/15.

TUES. 2/17/15 See 7:00 p.m. Lake Chabot MTB Ride details on TUES. 2/3/15.

WED. 2/18/15 See 9:00 a.m. Heather Farm Standing Ride details on MON. 2/2/15.

WED. 2/18/15 2-M 45 miles 9:30 a.m. Starting at Central Park we'll head north then do a loop through Orinda, Moraga, and Lafayette including a stop at Theatre Square in Orinda. Meet at San Ramon Central Park on Bollinger Canyon Rd. across from the library and Market Place shopping center. Ride Host: David Pereira, 925-833-1121.

THURS. 2/19/15 See 9:30 a.m. Tues./Thurs. Morning Standing Ride details on TUES. 2/3/15.

SAT. 2/21/15 4-M 63 miles 8:30 a.m. Starting at San Ramon Central Park we'll head east to the north side of Livermore, stop at the Starbucks on Vasco, and continue over Altamont Pass to Midway. Our return will be over Patterson Pass to Cross and Tesla with a stop at the Vineyard Starbucks before continuing to Pleasanton and back to the start. Meet at Central Park across from the San Ramon library and Market Place shopping center. Ride Host: Brahim Satoutah, 925-462-7390.

SUN. 2/22/15 3-L/M 47 miles 9:00 a.m. Dublin to Moraga loop. First we'll climb over Dublin Grade to Castro Valley and then continue on scenic Redwood and Pinehurst roads to Moraga. After a short break we'll return through Lafayette, Alamo, and Danville. Meet at Shannon Center in Dublin. From I-680 take the Alcosta exit and go west to San Ramon Road south. Turn right onto Shannon Avenue and right again into the parking lot. Bring food and fluids. Ride Host: Mark Dedon, 925-997-3258.

MON. 2/23/15 See 9:00 a.m. Heather Farm Standing Ride details on MON. 2/2/15.

TUES. 2/24/15 See 9:30 a.m. Tues./Thurs. Morning Standing Ride details on TUES. 2/3/15.

TUES. 2/24/15 See 7:00 p.m. Lake Chabot MTB Ride details on TUES. 2/3/15.

WED. 2/25/15 See 9:00 a.m. Heather Farm Standing Ride details on MON. 2/2/15.

WED. 2/25/15 3-M 40 miles 9:30 a.m. San Ramon Central Park - Diablo Jcnctn. – WC. Leave from San Ramon Central Park. Ride will be to the Diablo Junction and down into Walnut Creek with "re-hydration" after the ride at the San Ramon Hopyard (470 Market Place, S.R.) one block south of Central Park. Take I-680 to the Bollinger Canyon

exit and go east; make a U-turn at Alcosta and a right into the parking lot. <http://ridewithgps.com/routes/2267409>

Ride Host: Jim Conger, 925 876 4949,
james.conger@gmail.com

THURS. 2/26/15 See 9:30 a.m. Tues./Thurs. Morning Standing Ride details on TUES. 2/3/15.

FRI. 2/27/15 2-L/M No Drop 25-35 miles 9:30 a.m. This Odd FriDay series of rides will start at Central Park and be geared toward the riders who show. Central Park is located at the intersection of Bollinger and Alcosta Blvd., across from the Library. ALL riders are welcomed! We generally do a coffee shop stop near the end of the ride. (Beginner Friendly) Ride Host: Gail Blanco, gvblanco@aol.com, 925-872-1001.

SAT. 2/28/15 4-M 60 miles 8:30 a.m. Starting at the former Nob Hill location in S. Livermore we'll ride over Corral Hollow to Tracy with a Starbucks stop for refreshments and then return via Bethany Rsvr. and Altamont Pass. Meet at the shopping center at the intersection of S. Livermore and Pacific Aves. Ride Host: Brahim Satoutah, 925-462-7390.

SAT. 2/28/15 2-L 40-47 miles 9:30 a.m. 7th in a weekly series of Feather Pedals conditioning rides leading up to the Cinderella Classic. The ride will start at the Park&Ride lot on Sycamore Ave. in Danville and will have a choice of two distances. The Park&Ride lot is located at the NE corner of the Sycamore Ave. and I-680 interchange. Both women and men welcomed. Be ready at least 15 minutes early for announcements. Beginner friendly.

Routes: <http://ridewithgps.com/routes/6149699>;
<http://ridewithgps.com/routes/4348876>

Ride Host: Kathy Kane, 925-323-5611.

MARCH 2015

SUN. 3/1/15 3-L/M, M, M/B 45-55 miles 9:30 a.m. STANDING VS 1st Sunday of the Month Ride. We will be riding a 45-55 mile loop from San Ramon Central Park and out to Livermore. There will be a group adding on the Flynn's to the route that is listed. We have a rest stop at the Starbucks in N. Vasco and Scenic, as well as the Starbucks on Vineyard in Livermore, before returning to San Ramon. Please feel free to join us and ride at your own pace. The route can be shortened after the 1st rest stop by returning on Greenville to Tesla and continuing on the route. See online calendar for route sheet.
Ride Host: Gail Blanco, gvblanco@aol.com, 925-872-1001.

MON. 3/2/15 See 9:00 a.m. Heather Farm Standing Ride details on MON. 2/2/15.

MON. 3/2/15 Monthly meeting of Valley Spokesmen Racing Team at 6:30 p.m. at Livermore Cyclery, 2752 First Street, Livermore. Everyone welcome! Call Ted Vidnovic, 925-337-2803 or vidnovic@yahoo.com, for further information.

TUES. 3/3/15 See 9:30 a.m. Tues./Thurs. Morning Standing Ride details on TUES. 2/3/15.

TUES. 3/3/15 See 7:00 p.m. Lake Chabot MTB Ride details on TUES. 2/3/15.

WED. 3/4/15 See 9:00 a.m. Heather Farm Standing Ride details on MON. 2/2/15.

WED. 3/4/12 7:00 p.m. CLUB MEETING THIS EVENING --- SEE YOU THERE! Come to the Round Table Pizza in Dublin, located in the shopping center on the north side of Amador Valley Blvd, just east of San Ramon Road. Pizza, salad and sodas are complimentary to all attendees. Pizza served at 6:30 p.m. Non-members - come see what our club is all about! Enjoy a pizza party on us and meet lots of people who share your interests. Find answers to all your club questions, and see if we're the club for you! Entertainment for the evening to be determined?? Check our online ride calendar for a map
http://www.valleypokesmen.org/vsCalendar/view_entry.php?id=599&date=20080903

THURS. 3/5/15 See 9:30 a.m. Tues./Thurs. Morning Standing Ride details on TUES. 2/3/15.

SAT. 3/7/15 2-L 43-47 miles 9:00 a.m. 8th in a weekly series of Feather Pedals conditioning rides leading up to the Cinderella Classic. The ride will start at the Park&Ride lot on Sycamore Ave. in Danville and will have a choice of two distances. The Park&Ride lot is located at the NE corner of the Sycamore Ave. and I-680 interchange. Both women and men welcomed. Be ready at least 15 minutes early for announcements. Beginner friendly.
Routes: <http://ridewithgps.com/routes/6149733>;
<http://ridewithgps.com/routes/6149736>
Ride Host: Chris Pham, 925-997-6674.

SAT. 3/7/15 3.5-M 43 miles 9:30 a.m. Come join Alberto and Gail as we ride to Ed Levin Park in Milpitas via Calaveras Rd. and back. The route will take us from Crank2 out on Happy Valley and continue on Pleasanton-Sunol Rd. to Calaveras Rd. We will return the same way back to Crank2. This ride has over 3,000 ft. of elevation gain. Bring plenty of water and food as there is no place for water/restrooms until Ed Levin Park. Meet at Crank2 Bicycle shop in Pleasanton on Sunol Blvd and Juniper St. Rain cancels, check VS calendar prior to the ride for updates. Route:
<http://ridewithgps.com/routes/6750546> Ride Hosts: Alberto and Gail, 925-872-1001.

SUN. 3/8/15 2-L/M 60 miles 9:30 a.m. Starting at Alamo Plaza we'll head north to Martinez and then circle the Carquinez Strait using the new trail and Scenic Dr. over to Crockett, the Zampa Bridge across to Vallejo and back across the Benicia bridge before heading back to Alamo. Take I-680 to the Stone Valley exit and go west; cross San Ramon Valley Blvd. and park in the shopping center lot on the right. Ride Host: Peter Rathmann, 925-336-0973.

MON. 3/9/15 See 9:00 a.m. Heather Farm Standing Ride details on MON. 2/2/15.

TUES. 3/10/15 See 9:30 a.m. Tues./Thurs. Morning Standing Ride details on TUES. 2/3/15.

TUES. 3/10/15 See 7:00 p.m. Lake Chabot MTB Ride details on TUES. 2/3/15.

WED. 3/11/15 See 9:00 a.m. Heather Farm Standing Ride details on MON. 2/2/15.

WED. 3/11/15 3-M 40 miles 9:30 a.m. San Ramon Central Park - Diablo Jcnctn. - WC. Leave from San Ramon Central Park. Ride will be to the Diablo Junction and down into

 January 10th
 Great day for a ride to celebrate Alberto's birthday as we headed out to Livermore on Tassajara, Highland, Carneal, Manning, and N. Livermore. After a refreshment stop at the Starbucks on Portola we split into a couple groups. The official route headed back over Collier Canyon while some of us opted to take Jack London rd. over to Pleasanton and return through the BART station on the Iron Horse trail. Peter

January 17th
 Today was the Valley Spokesmen (VS) Feather Pedals (FP) Cinderella Series #1 of 13. We had 217 total riders; 97 riders on the Classic route of 19.4 miles and 67 riders on the Classic+ ride of 29.5 miles; 53 riders who did not indicate a route (*please be sure to check off a route box*); ~45 riders in the New Comers Group; and about 20 riders who stayed to enjoy a social lunch together at either Maria Restaurant or Amici's East Coast Pizza both located across the street from the staging location. Of the total riders there were 104 VS members and 113 non-VS members.

The Host for this ride was Karin Ball. The New Comers Group was supported by Jim Duncan and other FP volunteers. The ride support team was SAG Dean and Sweep, Charles, as well as Meredith, our certified Wenzel Coach, who talked about group riding etiquette. Also, many thanks to Jim and the VS Club for the free bento boxes and license plate frames saying "Share the Road" / Valley Spokesmen Club and thanks to all the riders who shared their positive comments about how much they enjoyed the routes (thanks Charles

January 17th
 Great turn out of 32 riders this morning. We hope everyone had a great ride up Mines Rd today, if you rode up to the County Line or like some of us to the Junction. We had plenty of sun as soon as we started our climb and nice warmer temperatures along Mines Rd. Alberto

January 18th
 A cool and very foggy start this morning as we gathered in San Ramon Central Park for Gail and Alberto's ride and the fog stayed with us through most of the climb up Dublin grade. Fortunately the sun came out to warm us up as we descended into Castro Valley and then tackled the Redwood and Pinehurst climbs to Moraga. We had our refreshment break at Theater Sq. in Orinda and then returned on a fairly flat route via Lafayette, Alamo, and Danville. Peter

January 21st
 Beautiful warm and sunny day for our ride from San Ramon up to Orinda and returning through Moraga and Lafayette. A traffic jam on I-680 resulted in much heavier traffic along Danville Blvd. through Danville and Alamo but cleared up after that. We had our usual refreshment stop in Orinda at Theater Square and then took Moraga Way to the Commons before continuing past St. Mary's College and back to Lafayette.
 Peter

UPCOMING EVENTS

- February 8 Rice Valley Love Ride, Gridley, CA
- February 14 – Tour de Palm Springs, Palm Springs, CA
- February 28 Pedaling Paths to Independence, Linden, CA
- March 14 Solvang Century & Half Century, Solvang, CA

UPCOMING DATES TO MARK ON YOUR CALENDAR

- February 7th 2015** – Mid Winter Party
- April 18, 2015** – Cinderella Classic and Challenge
- April 19, 2015** – Bicycle Swap Meet
- April 26, 2015** –Wente Race – VS Race Team

VALLEY SPOKESMEN AFFILIATIONS

- Adventure Cycling – www.adventurecycling.org
- Bay Area Ridge Trail Council – www.ridgetrail.org
- Bike East Bay – www.bikeeastbay.org (formerly EBBC)
- Bicycle Trail Council of the East Bay - www.btceb.org
- C.B.C. - California Bicycle Coalition - www.calbike.org
- California State Parks Foundation - www.parks.ca.gov
- East Bay Regional Parks - www.ebparks.org
- Greenbelt Alliance – www.greenbelt.org
- L.A.B. - League of American Bicyclists -www.bikeleague.org
- National Parks Conservation Association -www.npca.org
- Nature Conservancy – www.nature.org
- Planning and Conservation League - www.pcl.org
- Rails to Trails – www.railstotrails.org
- Yosemite Conservancy – www.yosemiteconservancy.org

Valley Spokesmen Bicycle Touring Club
Executive Board Meeting Minutes
Wednesday, January 14, 2015

Meeting called to order at 7:01 p.m. by President, Marcus Van Raalte

Present: Marcus van Raalte, Dan Carhart, Ken Hernandez, Peter Rathmann, Julie Hampton, Bonnie Powers, Joe Cheng, Jane Moorhead, Jim Duncan, Mark Dedon, Emma Olenberger, Clay Dunning, James Paulos, and Kathy Koos.

December E-Board Minutes can be found in the January newsletter.

Treasurer's Report: Treasurer Dan Carhart submitted the final reports for 2014. All reports are available from Dan.

Old Business

Past Month's Rides: Rides of note were Julie's Christmas Lights Ride, the annual Mt. Diablo ride, and the Calaveras/Sierra Road Ride.

V.S. Website: Ken reported that online registration for dues is running smoothly. Of the 500+ members, 24 have paid for a delivered newsletter. Notice regarding Cinderella registration has been forwarded via email to 2,495 recipients. Registration for Cinderella will open on January 15, 2015.

Articles of Incorporation and By-laws: There was a discussion regarding the need to explore updating the Valley Spokesmen Articles of Incorporation and By-laws. Jane suggested that all Valley Spokesmen Articles and By-laws should be audited on a rotating schedule to ensure compliance with non-profit status. Clay, Bonnie, Jim, and Jane agreed to begin a task force with a goal towards establishing principles to be considered in reviewing and revising the governing documents. Bob Heady will be asked to participate in the task force. It was agreed that Clay may proceed with interviewing legal counsel previously consulted by Bob Heady to ascertain the amount of legal fees that will be incurred in reviewing the Valley Spokesmen Articles of Incorporation and By-laws.

Bike Master Plans: Clay attended the Walnut Creek City Council Study Session on January 13. Clay gave a detailed list on updates being proposed in Walnut Creek's West Downtown Specific Plan. Bonnie provided an update on changes in Pleasanton, San Ramon, and Dublin. Pleasanton is in the planning process of paving the Arroyo Mocho Trail from I-680 to the Livermore Trail at El Charro. San Ramon has two projects in the planning stage which include building overpasses for the Iron Horse Trail over Bollinger and Crow Canyon. Dublin is also in the planning stages for a bicycle and pedestrian safety improvement project along Amador Plaza Road. The next meeting for Dublin will be held on January 20, 2015 at the City Council Chambers.

Livermore Holiday Parade: A motion was made, seconded and passed to contribute up to an additional \$300.00 to Janet and Doug Ondricek for expenses incurred over and above the original \$350.00 provided for the Livermore Sights and Sounds Parade.

Ride Sign-up Sheets: Jim Paulos noted the importance for ride leader's to turn in ride sheets so riders get credit for their mileage. Jim noted that all ride sheets had not been turned in for 2014.

News Brief: Emma suggested sending the quarterly news brief to members via email in PDF format. Whenever the news brief is uploaded to the website, Ken can include a PDF format that Jane will forward to on-line members.

BE-Pro Report: Mark and Erica Dedon attended the BE-Pro Conference on January 9-10, 2015. Mark provided a report on the event which included attending presentations on: purchasing insurance policies, minimizing liability exposures, hosting a great ride, creating mobile payment systems through "sign-me up.com," and building a recognizable and consistent brand. Mark and Erica also handed out Cinderella Flyers to participants. We have many extra flyers that will be distributed throughout local businesses in the Tri-Valley area to promote Cinderella.

New Business

Email Protocol: Clay noted the need for establishing email protocol throughout the Board in matters requiring a vote on an item that occurs between Board Meetings. Julie noted the need for offering information regarding an issue that is put out to the board in an email. Clay suggested the following protocol: email to Executive Board, make a motion, second the motion, discussion on the issue, reply all, and provide a response deadline for a vote. The response deadline should be set by the person seeking resolution of the issue. Peter will update the Valley Spokesmen Executive Board list.

Cinderella-kick-off/patch/flyer/on-line/reg/worker

form/worker T-shirts: Jim noted that the Cinderella Kick off party was successful. The Patch design must be back by February 10. Another memo will be sent to the members with an attachment of what past patches have looked like. Bonnie has been invited to Almaden to talk about the Cinderella. She will take and distribute the Cinderella Flyers.

Ken needs a list of worker's sign-up sheets. Dan suggested filling out volunteer/worker forms on-line.

There was a discussion on securing shirts for volunteers/workers. Jane noted the benefits of uniformity in providing T-shirts for volunteers and how it would help riders identify volunteers for assistance. Jane made a motion to secure shirts for volunteers. Clay amended the motion to limit the cost of the T-shirts to \$6.00. The motion was seconded and approved by all.

Mid-Winter Party: Julie noted there were 39 participants signed up for the mid-winter party. Bonnie discussed the possibility of canceling the event if we can't get the participation numbers up. Bonnie indicated that 100 is the minimum number of participants needed to host the party. An email blast will go out to members with a reply deadline of January 23.

Tour of Sacramento River Delta - date/reservation: Francie noted that we have set October 10-11 as the date for the 2015 TOSRD. Bonnie will proceed with reservations.

Great Western Bicycle Rally: Bonnie noted that the Great Western Bike Rally (GWBR) is under new ownership than years past. The cost to participate in the rally is \$70.00. She stressed the urgency for making reservations soon. She needs more feedback on whether or not to do the ride to Great Western Bike Rally due to the high number of regular GWBR riders traveling to France in May. Bonnie will put out an email blast regarding the trip to Paso Robles. Please let Bonnie know if you'd be interested in doing the Paso Robles ride in April or if you'd prefer to do the trip in May.

Bike East Bay – Berkeley Summit – January 24/25, 2015

Community Liaisons: Marcus and Clay will confirm Valley Spokesmen Community Liaisons. The Executive Board has been asked to review our Affiliations.

Good of the Order

E-Board Decisions:

Presidential Appointment: Marcus appointed Adele Madelo as Representative for BEB (Bike East Bay).

Cinderella Price: The price for The Cinderella Classic was established at \$55.00 through Executive Board email voting.

Domain Purchase: The domain for "Cinderella Classic" was voted on and purchased through Executive Board email voting.

Agenda: Kathy will be responsible for drafting the Agenda for Board Meetings. Please get your reports/requests to her a week before the meeting. She will send out a "temporary" agenda on Friday preceding the meeting. The agenda will then be finalized over the weekend with the final draft going out on the Monday before the meeting.

The meeting adjourned at 9:30 p.m. to the Executive Board meeting on February 11, 2015 at 6640 Spruce L., Dublin, Ca.

Respectfully submitted,
Kathleen Koos, Recording Secretary



Valley Spokesmen "Bicycle" Touring Club Correspondence January 2015

Sent:

1. Check for \$958.75 to Business Cards (B of A) for credit card bill (Dream Host; Office Depot; Voler; Cat Ears Wild Apricot; fees
2. Check for \$397.44 to Pitney Bowes Global Financial Services LLL for postal meter lease.
3. Check for \$159.46 to Minuteman Press for Cinderella kick-off expenses and January newsletter.
4. Check for \$425.00 to Cycle California! Magazine for Cinderella advertisement.
5. Check for \$425.67 to Minuteman Press for printing of Newsbrief.

6. Check for \$113.86 to Mark Dedon for hotel expense at BE-Pro Conference.
7. Check for \$300.00 to Doug/Janet Ondricek for Livermore Holiday parade expenses.
8. Check for \$2640.00 to Dublin Security Storage for storage locker (13 months).]
9. Check for \$147.00 to City of Dublin for Cinderella permit.
10. Check for \$385.00 to Contra Costa County for Cinderella permit.
11. Check for \$189.00 to County of Alameda for Cinderella permit.
12. Check for \$1,461.66 to Business Cards (B of A) for credit card bill (Sockguy; Herman Shum Memorial; Wild Apricot; Voler; GoDaddy.com; fees.
13. Letters of welcome to new/old members for 2015. Currently membership stands at 531 for new year.

Received:

1. Contracts from Contra Costa County; County of Alameda; City of Livermore; and City of Pleasanton; City of Dublin for Cinderella.
2. Multiple requests for membership renewals and donations..
3. Thank you letters from the following organizations for Cinderella donations:
Child Abuse Prevention Council; Next Door Solutions to Domestic Violence; STAND! For Families Free of Violence; techbridge; and Women's Daytime Drop-In Center.
4. Notices for upcoming meetings regarding bicycle issues from Pleasanton, Dublin, Walnut Creek and San Ramon.
5. Information on upcoming events and tours.
6. Newsletters and magazines from various clubs, organizations and businesses.

FINAL Mileage Report for 2014			
Name	Total of Miles	Rides Led	Total Rides
Akerson, Doug	235	0	5
Alexander, Bernadette	439	0	8
Alexander, Lisa	346	0	8
Allen, Joe	983	3	26
Amos, Bob	558	0	19
Ball, Karin	751	2	20
Barbier, Larry	2571	0	71
Barnett, Bob	4022	0	90
Barranti, Kirsten	251	0	7
Bartlett, Christine	414	0	9
Baskin, Barry	688	0	15
Bettencourt, Kerry	258	0	5
Blain, Bob	338	0	7
Blanco, Gail	5491	50	111
Bonilla, Herman	300	0	7
Brown, Greg	905	0	26
Burkle, Kathy	312	0	7
Carhart, Dan	4465	55	112
Carpenter, Don	1665	0	41
Castaneda, Ana	227	0	3
Cheng, Joe	3735	11	108
Choy, Serena	1115	0	39

FINAL Mileage Report for 2014			
Name	Total of Miles	Rides Led	Total Rides
Cohen, Sahrye	271	0	7
Cole, Wendy	229	0	4
Conger, Jim	5019	32	132
Cooke, Mike	375	0	13
Cooke, Pam	796	0	25
Cosin, Wendy	1429	1	38
Crawford, Erin	424	0	6
Crawford, Marlowe	1251	0	26
Crawford, Matt	283	0	4
Culshaw, Pete	2935	23	80
Culshaw, Sharon	1122	5	34
Cushman, Francie	5745	16	135
Daly, Deb	1128	0	22
DaShiell, Carol	345	0	9
Davis, John	707	0	27
de la Motte, Janelle	287	0	9
Deal, Debbie	215	0	5
Dedon, Erica	761	2	18
Dedon, Mark	1351	1	34
Delfosse, Rob	2332	4	56
Deornelas, Vic	1756	0	30
Derrick, Peter	233	0	5
Drake, Diane	387	0	11
Duncan, Jim	5544	16	136
Dunning, Clay	1504	6	30
Dunning, Craig	1013	0	19
Duvoisin, Marc	420	0	8
Eckels, Del	329	0	13
Eder, David	246	0	6
Elemen, Mary	674	0	15
Engleton, Mary	403	0	7
Enriquez, Gilbert	1417	0	40
Faires, Debbie	583	0	14
Fong-Jean, Lorril	290	0	5
Frederick, Debbie	260	0	7
Fredricks, Larry	428	0	9
Fujii, Bob	2093	0	38
Fujii, Vivian	291	0	7
Fusco, Bob	1469	0	41
Gabe, Jan	1884	3	49
Garcia, Dave	2173	0	65
Gaunt, Ross	658	0	15
Gilbertson, Cindy	898	5	26
Goldman, Ken	220	1	6
Gomez, Lynnette	680	0	18
Good, Jonathan	232	0	5
Goroff, Marc	1464	2	38
Green, Kerry	345	0	10
Groves, Susan	417	0	9

FINAL Mileage Report for 2014			
Name	Total of Miles	Rides Led	Total Rides
Guedon, Donna	210	0	5
Gustafson, Lisa	319	0	7
Hammond, Chuck	785	0	22
Hampton, Julie	1835	20	48
Hansen, Renata	1004	0	20
Haslam, Steve	242	0	6
Haupt, Chuck	1361	0	36
Heady, Bob	2813	55	101
Healy, Theresa	1209	0	23
Heggelund, Merel	800	6	18
Hermann, Mark	802	0	20
Hernandez, Ken	3881	2	92
Hernandez, Mary	2853	1	72
Herrera, Gloria	671	0	15
Hilton, Kristen	340	0	8
Hirt, Janice	539	0	13
Hirt, Joe	512	0	12
Hsueh, Gary	228	0	6
Jakubowski, Diane	676	0	13
Janer, Mark	473	0	9
Jensen, Cori	913	0	27
Johnson, Carinne	217	0	6
Johnson, Robin	522	0	10
Jones, Kris	242	0	7
Kadis, Cheryl	423	0	9
Kamzan, Marni	268	0	4
Kane, Kathy	810	2	20
Kiely, Mary Ann	376	0	9
Koniges, Alice	312	0	7
Koos, Kathy	870	7	16
Kowalewski, Steve	2086	12	56
Kyong, Peter	3801	2	98
Lagodzinski, Andrew	366	0	8
Lancy, Peter	238	0	6
Lanzas, Alberto	3790	29	80
Lark, Mary	587	0	12
Leddon, Dave	3058	0	84
Lee, Karen K	384	0	10
Levers, Carolynne	226	0	8
Licata, Barbara	235	0	5
Lifter, Jill	423	0	9
Lisy, Norm	506	0	13
Loofbourrow, Peggy	416	0	8
Low, Ellen	520	0	13
Lowe, Diana	222	0	6
Lynn, Bob	254	0	4
Madelo, Adele	952	1	19
Maggio, Lauren	254	0	6
Maloney, Michael	356	0	6

FINAL Mileage Report for 2014			
Name	Total of Miles	Rides Led	Total Rides
Malu, Hillary	356	0	7
Marcoux, Liz	204	0	5
Marcroft, Collin	395	0	17
McBee, Michelle	266	2	8
McCrossin, Tracy	614	0	14
McCullum, Kevin	368	0	8
McGrady-Beach, Joan	360	0	6
Meidberg, Larry	1164	2	40
Meyers, Leslie	307	0	5
Moorhead, Jane	3297	40	116
Nadeau, Alaine	2082	4	61
Neal, Carolyn	2155	1	37
Neal, Dave	2453	1	43
Neer, Mark	1105	0	19
Neer, Susan	1142	1	20
Newbury, Kim	243	0	6
Ng, Laurel	352	0	9
Norek, Al	651	0	21
Nowell, Keith	346	0	6
Nowell, Linda	529	0	10
O'Boyle, Maureen	301	0	10
O'Melia, Jim	1262	3	38
Ondricek, Doug	1803	30	47
Ondricek, Janet	1105	15	31
Osborn, Sandra	503	0	13
Page, Janie	611	14	30
Palhegyi, Gary	381	0	11
Parrish, Charles	3259	17	86
Pearsons, Ruth Ann	803	0	21
Pearsons, Scott	257	0	5
Pereira, David	3091	1	84
Pham, Chris	574	1	14
Po, Ismael	5559	0	148
Podva, Holly	511	0	10
Poe, Karin	282	0	7
Porubcan, Alexis	209	0	4
Powers, Bob	296	2	3
Powers, Dick	3110	0	61
Putnam, Ned	615	0	17
Rasmussen, Ron	385	0	8
Rathmann, Peter	8074	21	210
Reilly, T.J.	2609	0	77
Reynes, Charles	244	0	4
Roberts, Susan	491	0	14
Roe, Joan	223	0	5
Rose, Molly	208	0	3
Rossiter, Jaynette	2039	0	63
Rossiter, Jennifer	608	0	17

FINAL Mileage Report for 2014			
Name	Total of Miles	Rides Led	Total Rides
Rudy, Kevin	624	0	15
Satoutah, Brahim	2338	7	41
Serriere, Vianney	1670	2	42
Settle, Andy	2045	0	53
Shalk, Eileen	311	0	8
Shigemoto, Bob	354	0	8
Shigemoto, Lisa	367	0	8
Shum, Bart	1115	0	19
Simpson, Christy	5481	11	136
Skow, Dick	2980	63	83
Slagle, Pete	993	0	27
Smith, Gerald	876	0	21
Smith, Maren	240	0	5
Sovulewski, Larry	511	0	22
Spiegel, Joan	559	0	11
Stevens, Jan	1476	1	41
Strain, Bob	2092	3	44
Strain, Kathy	1424	0	29
Stubbs, Will	434	0	6
Stucky, Jane	787	0	18
Sylvester, Suzann	214	0	4
Talbot, Chris	1401	0	35
Tallerico, Tom	454	0	10
Taylor, Carole	229	0	7
Thieben, Kevin	2718	4	55
Thieben, Teresa	559	0	13
Thomas, Walt	612	0	16
Thompson, Dianne	1981	0	46
Tracy, Steve	688	0	12
Turner, Judy	491	0	13
Uher, Julie	2500	2	69
Uher, Will	2715	0	63
Van De Vreugde, Jim	2187	1	37
Van Hook, Mike	220	0	5
van Raalte, Laurie	1316	0	28
van Raalte, Marcus	2275	1	46
Vergino, Eileen	742	0	9
Vergino, Michael	219	0	4
Walker, Patty	225	0	5
Ward, Dick	1705	8	52
Weiner, David	275	0	9
Weiny, Ira	298	0	7
Weiny, Lorrie	364	0	8
Wexner, Jan	241	0	5
Whelan, Steve	3446	2	76
Wilson, Mary-Lynn	434	0	8
Wood, Rebecca	777	3	20
Woodruff, Bill	288	0	7
Woods, Colleen	356	0	8

FINAL Mileage Report for 2014			
Name	Total of Miles	Rides Led	Total Rides
Yantis, Marchele	906	1	22
Young, Robin	363	1	9
Zucker, Pam	210	0	5

These totals represent miles ridden by club members who have covered more than 200 miles on club rides during 2014.

Total miles ridden by club members so far this year is 262,381!!!

CINDERELLA 2015

Hi All:

Cinderella 2015 will be on April 18th and your assistance is needed to make this all women / girls ride a success. It's a big day for the ladies and a fun day for all who assist. Yes, planning is well under way.

Our great after ride food is available and the delightful beverage dispenser will again be on hand.

We will have 40+ vendors at the ever growing Expo with many bike related items and great bargains from many bicycle shops.

So mark the date....Saturday, April 18th 2015 and support your club and the 39th Cinderella Classic!

Now is the time to get your creative juices flowing and think about a rider patch design for Cinderella 2015.

The winner receives a bicycle shop gift certificate (or check) for \$100.00 and lots of glory.

Not restricted to VS members, so let your designer friends know.

size maximum is 3-3/4" x 3-3/4", square, round, odd shape - within reason.

Send your design to cinderellaclassic@valleyspokesmen.org or mail it to the club post office box, Valley Spokesmen, P.O. Box 2630, Dublin, CA 94568, by February 10th 2015.

Thanks, Prince Charming

FLASH – A new shop has been added to our list of discount shops. Come in and visit Livermore Cyclery at 180 Alamo Plaza in Alamo.

VALLEY SPOKESMEN
Bicycle Touring Club
Post Office Box 2630
Dublin, California 94568

2015 CLUB OFFICERS

President:	Marcus van Raalte	925-437-3253
Vice-President:	Clay Dunning	818-266-2660
Treasurer:	Dan Carhart	925-828-8964
Recording Secretary:	Kathy Koos	925-963-8506
Corresponding Secretary:	Bonnie Powers	925-828-5299
Ride Chairmen:	Joe Cheng	925-683-9689
	Peter Rathmann	925-838-1973
Newsletter Editor/Typist	Julie Hampton	510-685-7103
Electronic Newsletter Editor	Jane Moorhead	925-980-9889
Newsletter Publisher:	Emma Olenberger	707-479-2549
Past President	Mark Dedon	925-828-9183
V.S. Racing Team contacts:	Jim Duncan	925-209-1369
	Ted Vidnovic	925-337-2803

2015 PRESIDENTIAL APPOINTMENTS

Cinderella Chairmen:	Jim Duncan	925-209-1369
	Bob Powers	925-828-5299
Swap Meet:	Bob/Bonnie Powers	925-828-5299
T.O.S.R.D. Chairman:	Francie Cushman	925-719-2256
E.B.B.C. Rep.:	Chris Talbot	925-968-0215
Mileage Keeper:	Jim Paulos	510-200-8125
Webmasters:	Ken Hernandez	510-329-9481
	Steve Whelan	925-831-8258
Feather Pedals liaisons:	Karin Ball	408-406-2286
	Rebecca Wood	925-577-3842

Community Liaisons:

Alamo	Ralph Speck	925-837-2932
Castro Valley	Open	
Concord:	Jean Watts	925-676-6164
Danville	Open	
Dublin	Francie Cushman	925-719-2256
Hayward	James Paulos	510-886-7470
Lafayette	Open	
Livermore:	Open	
Oakland	Open	
Pleasanton:	Bill Rose	925-846-3867
Pleasant Hill:	Open	
San Ramon:	Peter Rathmann	925-828-1973
Walnut Creek:	Peter Culshaw	925-932-0790

We appreciate receiving articles and photos to be printed in the newsletter. We will give articles of a timely nature priority.

You are encouraged to reprint with credit any articles in this newsletter.

VALLEY SPOKESMEN

<http://www.valleyspokesmen.org>

2015 current club members may subscribe to the VS mailing list by following the directions at:

<http://www.valleyspokesmen.org/Sys/vs-list>