

VALLEY SPOKESMEN

Group Ride Schedule and Newsletter

*Come ride
with us!*

Valley Spokesmen Bicycle Touring Club P.O. Box 2630 • Dublin, CA 94568 • www.valleyspokesmen.org

President's Message

Marcus Van Raalte

This message will focus on the large and important group of bicycle riders that make up our membership base

What do you do if you want to bicycle a few miles – say 10-15 – maybe more or maybe less? If yes, ask yourself:

Do I ride on the roads or are there other choices? There are so many choices in our area. We have a large network of bike paths throughout the area: Iron Horse, Alamo Creek, Contra Costa Canal, and Lafayette-Moraga trails to name a few. You can also find some at <http://www.ebparks.org/parks/trails>. But these trails may not be right outside your door. Therefore, you may need to either use your car to carry your bike (the Hollywood rack is relatively inexpensive) or you will need to ride on the roads to get to the trails. Buying a rack will give you freedom to drive any place to start a ride.

Should I ride on the sidewalk to avoid being on the roads? I know some people who do not like riding on the road and consider riding their bike on the sidewalk. Most sidewalks are shared with pedestrians and should not be used as a bike lane. Bicyclists must be very careful of pedestrians on the sidewalk and any rules that govern their use. If the road has a bike lane, use it but keep within the lane.

Do I want to ride on my own, with friends, or in an organized group? Again, there are so many choices in the Bay Area. Find some place you like to go to – your favorite local restaurant, music in the park, a friend's house, or a local farmer's market. Make a goal to ride to this place once or twice a month. Riding for enjoyment will be the beginning of riding for life. If riding on your own, make sure you have all the proper tools and equipment with you in case something happens – like a flat tire. Get a map of the area and, once you've ridden to your favorite place a few times, explore the area, riding a few more miles each time you get on your bike. Riding with friends is a great way to get out and enjoy this great summer weather. Valley Spokesmen has a ride library filled with rides for every type of rider. Organized bicycling groups have a purpose - to encourage people to enjoy fun, safe bicycling, meet people, spend time with friends, and enjoy the countryside – all while getting some fantastic exercise. There are local bicycling groups – like us at Valley Spokesmen Bicycle Club – who are great fun to cycle with. Many folks have met new friends on group rides (such as our monthly Feather Pedal rides), which bring them out even more. Even the local bike shops encourage people to ride!

We would like you to consider coming out and riding with us here at Valley Spokesmen Bicycle Club (www.valleyspokesmen.org). Please contact us so we can help you find the best ride for you based on your experience level.

Happy Summer Cycling!

STANDING RIDE OVERVIEW:

MONDAY and WEDNESDAY morning ride from Heather Farms leave at 8:30 a.m.

TUESDAY night Mountain Bike rides from Lake Chabot leave at 7:00p.m.

TUESDAY and THURSDAY conditioning rides from Dublin (Livermore Cyclery) leave at 9:30 a.m.

TUESDAY and THURSDAY evening T 'n T rides from Shannon Center (Dublin) leave at 6:00 p.m.

Wednesday evening WAW rides from Livermore leave at 6:30 p.m.

ODD FRIDAY morning ride from Central Park (San Ramon) at 8:30 a.m. Beginner Friendly.

JULY 2015

WED. 7/1/15 2-L/M 25-50 miles 8:30 a.m. Dick Skow will lead a group from Heather Farm every Mon. and Wed. morning. Monday rides will be shorter (25-35 miles) and more leisurely paced. Wednesday rides will be about 35-45 miles at a moderate pace. There will be a coffee or lunch stop on all rides. Meet at Heather Farm Park in Walnut Creek. Take I-680 to Ygnacio exit and go east; turn left at San Carlos Road into Heather Farm and park in the lot by the ball fields on the right. The route will be available at: <http://ridewithgps.com/users/74695/routes> at least 48 hours before the ride. Be sure to check for the ride listed with the correct date. Ride Host: Richard Skow, 925-939-6964, rcskow@astound.net for ride details.

WED. 7/1/15 2-L/M 44 miles 8:30 a.m. We'll start at San Ramon Central Park, ride north through Lafayette to Orinda for a refreshment break at Theater Square. Our return will be via Moraga and Lafayette. Take I-680 to the Bollinger Canyon exit and go east; make a U-turn at Alcosta and a right into the Central Park lot. <http://ridewithgps.com/routes/6844880>
Ride Host: David Pereira, 925-640-3491.

WED. 7/1/15 3-B ~ 20 miles & 2-L ~ 15 miles 6:30 p.m. WAW (Wednesday After Work) is a Wed. evening training ride series leaving from Les Knott Park in Livermore. Most weeks we will have two options available. Doug will lead a B paced ride intended to get the heart rate up quickly and keep it there for an hour and Janet will lead an L paced ride for anyone looking for something a bit more tame. Routes will vary and are generally posted on the calendar prior to the ride. Meet at the park at 655 N. Mines Rd. Ride Hosts: Doug Ondricek, (925) 980-2490, and Janet Ondricek, (925) 579-4573.

THURS. 7/2/15 2-M 20-25 miles 9:30 a.m. Tuesday and Thursday morning ride starting at Livermore Cyclery in Dublin (in shopping center at the SW corner of San Ramon Rd. and Amador Valley Blvd.). Route will be determined by the participants. This is a good ride for someone getting back to riding after a lay off for any reason. Be sure to let me know so I can tailor the ride otherwise you should expect a 14-18 mph pace. This is a social ride involving a Peet's Coffee stop. Ride Host: Bob Heady, 925-980-7989.

THURS. 7/2/15 2-M/B 25-35 miles 6:00 p.m. Tuesday and Thursday (T'n'T) training rides starting at Shannon Center in Dublin and using assorted routes. Take I-680 to the Alcosta exit and go south on San Ramon Rd.; turn right on Shannon

and right again into the parking lot. Ride Host: Dan Carhart, 925-828-8964.

FRI. 7/3/15 2-L/M No Drop 25-35 miles 8:30 a.m. This Odd FriDay series of rides will start at Central Park and be geared toward the riders who show. Central Park is located at the intersection of Bollinger and Alcosta Blvd., across from the Library. ALL riders are welcomed! We generally do a coffee shop stop near the end of the ride. (Beginner Friendly) Ride Host: Gail Blanco, gvblanco@aol.com, 925-872-1001.

SAT. 7/4/15 3-L/M 42 miles 9:00 a.m. Starting in San Ramon Central Park we'll have a leisurely ride up to the Mt. Diablo Junction and then descend to Walnut Creek. Return will be through Danville. Meet at San Ramon Central Park. Take I-680 to the Bollinger exit and go east; make a U-turn at Alcosta and a right into the parking lot. Bring water and snacks. Ride Host: Peter Rathmann, 925-336-0973.

SUN. 7/5/15 3-L/M, M, M/B 45-55 miles 9:30 a.m. STANDING VS 1st Sunday of the Month Ride. We will be riding a 45-55 mile loop from San Ramon Central Park and out to Livermore. There will be a group adding on the Flynn's to the route that is listed. We have a rest stop at the Starbucks in N. Vasco and Scenic, as well as the Starbucks on Vineyard in Livermore, before returning to San Ramon. Please feel free to join us and ride at your own pace. The route can be shortened after the 1st rest stop by returning on Greenville to Tesla and continuing on the route. See online calendar for route sheet. Ride Host: Kathleen Koos, 925-417-0387.

MON. 7/6/15 8:30 a.m. See Heather Farm Standing Ride details on WED. 7/1/15.

MON. 7/6/15 6:30p.m. Monthly meeting of Valley Spokesmen Racing Team at Livermore Cyclery, 2752 First Street, Livermore. Everyone welcome! Call Ted Vidnovic, 925-337-2803 or vidnovic@yahoo.com, for further information.

TUES. 7/7/15 See 9:30 a.m. Tues./Thurs. Morning Standing Ride details on THURS. 7/2/15.

TUES. 7/7/15 See 6:00 p.m. T'n'T Evening Ride details on THURS. 7/2/15.

TUES. 7/7/15 Mtn-3 8-13 miles 7:00 p.m. Lake Chabot Loop – Mountain bike trails. All levels are welcome. From I-580 westbound in Castro Valley take the Strobridge Avenue exit; turn right on Strobridge, right on Castro Valley Blvd., and left on Lake Chabot Road., then make a right turn on the road immediately after Arcadian Dr. and follow it up the hill to a free parking lot on the left. Since cell reception in the park is sketchy, please leave a message if you plan to ride. Ride Host: Jane Moorhead, 925-980-9889.

WED. 7/8/15 8:30 a.m. See Heather Farm Standing Ride details on WED. 7/1/15.

WED. 7/8/15 3-L/M 31 miles 9:30 a.m. No-Drop - Cull Canyon Road from Livermore Cyclery, Dublin. This ride will be to the end of Cull Canyon and back to Dublin. We will then descend to E. Castro Valley Boulevard, out Crow Canyon and on to the end of Cull Canyon Road. The return will include a stop at Bodi's Java for refreshments. Travel back to Dublin will utilize a jog on Palo Verde Road and the short (but steep) climb up Schaefer Ranch Road to Dublin

Boulevard. Meet at Livermore Cyclery in Dublin at 7214 San Ramon Road (at SW corner with Amador Valley). Ride Host: Steve Kowalewski, skowalewski@aol.com, (510) 246-2815.

WED. 7/8/15 See 6:30 p.m. Wednesday After Work (WAW) Ride details on WED. 7/1/15.

WED. 7/8/15 7:00 p.m. Executive Board Meeting at the home of Bob and Bonnie Powers, 6640 Spruce Lane, Dublin. Take San Ramon Road to Amador Valley Blvd; go east; turn right onto York Drive; turn right onto Spruce Lane.

THURS. 7/9/15 See 9:30 a.m. Tues./Thurs. Morning Standing Ride details on THURS. 7/2/15.

THURS. 7/9/15 See 6:00 p.m. T'n'T Evening Ride details on THURS. 7/2/15.

FRI. 7/10/15 2-L 24 miles 8:30 a.m. No Drop. Leisurely ride from San Ramon Central Park to the Macedo Ranch trailhead on Green Valley Rd. After a restroom break there we'll return on Green Valley and head over to Danville Blvd. and return to San Ramon with a stop for refreshments at Cafe Attila. Beginner friendly, no drop ride.

<http://ridewithgps.com/routes/3844527> Ride Host: Marcy Yantis-Vanderlip, marcheleyv@gmail.com

SAT. 7/11/15 5-M 59 miles 9:30 a.m. Scenic tour through the wooded hills SW of Los Gatos including Big Basin Redwoods State Park, Boulder Creek, and Lexington Reservoir. Meet on Lexington School Rd. (near the elem. school) off Old Santa Cruz Highway east of Hwy. 17. Bring plenty of fluids and snacks. Route: <http://ridewithgps.com/routes/8051753> Ride Host: Rob Delfosse, 925 522 6270.

SUN. 7/12/15 1-M 36 miles 9:00 a.m. Ride from the north end of Berkeley's Aquatic Park to the Emeryville Marina and then along the Bay Trail to Pt. Richmond for lunch. Meet at the foot of the Univ. Ave. pedestrian bridge on Addison in Berkeley (north end of Aquatic Park). Bring water and food or money to buy. Ride Host: Gary Hsueh, 510-334-1976.

MON. 7/13/15 8:30 a.m. See Heather Farm Standing Ride details on WED. 7/1/15.

TUES. 7/14/15 See 9:30 a.m. Tues./Thurs. Morning Standing Ride details on THURS. 7/2/15.

TUES. 7/14/15 See 6:00 p.m. T'n'T Evening Ride details on THURS. 7/2/15.

TUES. 7/14/15 See 7:00 p.m. Lake Chabot Mountain Bike Ride details on TUES. 7/7/15.

WED. 7/15/15 3-M 38 miles 9:00 a.m. Five Canyons Ride. We'll go over Dublin Grade to Castro Valley and then ride through the 5 Canyons area into the Hayward hills. Meet at San Ramon Central Park. Take I-680 to the Bollinger Canyon exit and go east; make a U-turn at Alcosta and a right turn into the park. Bring food and fluids. Ride Host: Gail Blanco, gvblanco@aol.com, 925-872-1001.

WED. 7/15/15 8:30 a.m. See Heather Farm Standing Ride details on WED. 7/1/15.

WED. 7/15/15 See 6:30 p.m. Wednesday After Work (WAW) Ride details on WED. 7/1/15.

THURS. 7/16/15 See 9:30 a.m. Tues./Thurs. Morning Standing Ride details on THURS. 7/2/15.

THURS. 7/16/15 See 6:00 p.m. T'n'T Evening Ride details on THURS. 7/2/15.

FRI. 7/17/15 2-L/M No Drop 25-35 miles 9:00 a.m. This Odd FriDay series of rides will start at Central Park and be geared toward the riders who show. Central Park is located at the intersection of Bollinger and Alcosta Blvd., across from the Library. ALL riders are welcomed! We generally do a coffee shop stop near the end of the ride. (Beginner Friendly) Ride Host: Gail Blanco, gvblanco@aol.com, 925-872-1001.

SAT. 7/18/15 2-L/M 28/39 miles 8:30 a.m. Feather Pedals Ride Monthly Ride. Starting at the Sycamore Ave. Park&Ride in Danville we'll head east on Camino Tassajara and Highland/Manning roads to the area north of Livermore before returning. The 'Plus' option will add some distance and climbing with a number of out-and-back sections on the rural roads in the area. Please arrive at least 15 minutes early for pre-ride announcements.

Classic: <http://ridewithgps.com/routes/4347532>

Classic Plus: <http://ridewithgps.com/routes/4347598>

Ride Host: Kathy Kane, (C) 925-323-5611.

SUN. 7/19/15 4-M 46 miles 8:30 a.m. Starting at the old Livermore Nob Hill (corner of Pacific and Livermore Aves. in south Livermore), we will warm up riding out Collier Canyon to Highland then climb up Morgan Territory Rd. After a rest stop at the Morgan Territory park, we'll descend back to Livermore and head to the Starbucks on Scenic and Vasco. After refueling, we will head up the Flynns and back via Cross road and Tesla. Approximately 3,400 feet of climbing. There are numerous opportunities on the route to reduce the climbing if desired. <http://ridewithgps.com/routes/8613936> Ride Host: Marc Goroff, 925-337-1747.

MON. 7/20/15 8:30 a.m. See Heather Farm Standing Ride details on WED. 7/1/15.

TUES. 7/21/15 See 9:30 a.m. Tues./Thurs. Morning Standing Ride details on THURS. 7/2/15.

TUES. 7/21/15 See 6:00 p.m. T'n'T Evening Ride details on THURS. 7/2/15.

TUES. 7/21/15 See 7:00 p.m. Lake Chabot Mountain Bike Ride details on TUES. 7/7/15.

WED. 7/22/15 8:30 a.m. See Heather Farm Standing Ride details on WED. 7/1/15.

WED. 7/22/15 See 6:30 p.m. Wednesday After Work (WAW) Ride details on WED. 7/1/15.

THURS. 7/23/15 See 9:30 a.m. Tues./Thurs. Morning Standing Ride details on THURS. 7/2/15.

THURS. 7/23/15 See 6:00 p.m. T'n'T Evening Ride details on THURS. 7/2/15.

SAT. 7/25/15 3.5-M 60 miles 9:00 a.m. Join Gail and Alberto for this beautiful ride in the Sebastopol, Valley Ford

and Tomales areas with a return around Two Rocks, Bloomfield, and Cotati. Bakeries will include Wild Flour/Freestone Bakery (mile 11), Tomales Bakery (mile 23) and a Starbucks stop at mile 52. We will meet just in front of Ragle Regional Park in Sebastopol. Take 580 West / 80 East / 101 North. Exit 481B Rohnert Park/Sebastopol. L 116, L McKinley St, R Main St., L Healdsburg Ave., L Covert, L Ragle Road. Parking in the Park is available for \$5.00, there is also parking available along the street at the entrance to the park at no charge. Bathrooms are located inside the Park. Approx. 85miles from the 580/680 intersection. Carpool is recommended at Bollinger Park and Ride in San Ramon just off I-680 and you may arrange with other riders prior to the ride. The ride will leave promptly at 9am, so please plan accordingly. Route: <http://ridewithgps.com/routes/3235991>
Ride Hosts: Gail Blanco, 925-872-1001, or Alberto Lanzas, 510-825-9581.

SUN. 7/26/15 MTB-3 17 miles 9:30 a.m. Starting at the parking lot of the Nike Training classrooms adjacent to the East Bay Regional Parks headquarters at Lake Chabot we'll ride on a variety of trails and roads mainly on the north side of the lake. Take I-580 west from the Dublin area and exit at the Strobbridge Avenue exit in Castro Valley. Turn right at the bottom of the ramp (Stanton Avenue) and right again on Castro Valley Boulevard. At the next stop light, Lake Chabot Road, make a left turn. Travel about 1.6 miles and look for a small road going to the right, just past Arcadian Drive. This signed road leads to the East Bay Regional Parks Headquarters. The parking area is on the left right across from the headquarters facility, in front of the Nike Training Center. This ride will be on fairly well groomed trails. However, there are some decent climbs and descents and some mountain biking skills are recommended. Expect about 2,000 feet of climbing. There will be a mixture of fire roads, single track and a short jog on paved Redwood Road to link us with Soaring Hawk Trail. This route will avoid the high foot-traffic trails on the south side of the Lake. Ride host: Steve Kowalewski, 510-246-2815, skowalewsk@aol.com

MON. 7/27/15 8:30 a.m. See Heather Farm Standing Ride details on WED. 7/1/15.

TUES. 7/28/15 See 9:30 a.m. Tues./Thurs. Morning Standing Ride details on THURS. 7/2/15.

TUES. 7/28/15 See 6:00 p.m. T'n'T Evening Ride details on THURS. 7/2/15.

TUES. 7/28/15 See 7:00 p.m. Lake Chabot Mountain Bike Ride details on TUES. 7/7/15.

WED. 7/29/15 2.5-L/M 32-40 miles 8:30 a.m. Starting at San Ramon Central Park we'll ride south to Sunol with an optional out-and-back to the end of Kilkare Rd. Take I-680 to the Bollinger Canyon exit and go east to Alcosta; make a U-turn and immediate right turn into the park. Ride Host: Gail Blanco, gvblanco@aol.com, 925-872-1001.

WED. 7/29/15 See 8:30 a.m. Heather Farm Standing Ride details on WED. 7/1/15.

WED. 7/29/15 6:30 p.m. See Wednesday After Work (WAW) Ride details on WED. 7/1/15.

THURS. 7/30/15 9:30 a.m. See Tues./Thurs. Morning Standing Ride details on THURS. 7/2/15.

THURS. 7/30/15 See 6:00 p.m. T'n'T Evening Ride details on THURS. 7/2/15.

FRI. 7/31/15 2-L/M No Drop 25-35 miles 9:00 a.m. This Odd FriDay series of rides will start at Central Park and be geared toward the riders who show. Central Park is located at the intersection of Bollinger and Alcosta Blvd., across from the Library. ALL riders are welcomed! We generally do a coffee shop stop near the end of the ride. (Beginner Friendly)
Ride Host: Gail Blanco, gvblanco@aol.com, 925-872-1001.

AUGUST 2015

SAT. 8/1/15 1-L/M 40 miles 9:00 a.m. We are riding from Martin Luther King Park in Oakland to Alameda and Bay Farm islands using a combination of bike trails and street roads. Our route will take us to Alameda and continue north to the USS Hornet Museum. We are having a lunch stop in downtown Alameda before we continue to Bay Farm. Meet at Martin Luther King Jr. Regional Shoreline park (cross-street Doolittle Dr and Swan Way, meet at the parking lot at the end of the park road). Ride Host: Gary Hsueh, 510-334-1976.

SUN. 8/2/15 2-L 24 miles 9:30 a.m. This ride will start at Central Park in San Ramon on Bollinger Canyon Road just south of Alcosta Road. The ride will be on mainly level roads and is suitable for those desiring an easy pace. A coffee stop will be made in Alamo. This is a no-drop, leisurely ride and is beginner friendly. GPS: www.ridewithgps.com/routes/3844527 Ride host: Steve Kowalewski, 510-246-2815, skowalewsk@aol.com

MON. 8/3/15 8:30 a.m. See Heather Farm Standing Ride details on WED. 7/1/15.

MON. 8/3/15 6:30p.m. Monthly meeting of Valley Spokesmen Racing Team at Livermore Cyclery, 2752 First Street, Livermore. Everyone welcome! Call Ted Vidnovic, 925-337-2803 or vidnovic@yahoo.com, for further information.

TUES. 8/4/15 See 9:30 a.m. Tues./Thurs. Morning Standing Ride details on THURS. 7/2/15.

TUES. 8/4/15 See 6:00 p.m. T'n'T Evening Ride details on THURS. 7/2/15.

TUES. 8/4/15 See 7:00 p.m. Lake Chabot Mountain Bike Ride details on TUES. 7/7/15.

WED. 8/5/15 8:30 a.m. See Heather Farm Standing Ride details on WED. 7/1/15.

WED. 8/5/15 See 6:30 p.m. Wednesday After Work (WAW) Ride details on WED. 7/1/15.

WED. 8/5/15 NO CLUB MEETING THIS MONTH. The next club meeting is scheduled for Wednesday, September 2, 2015.

THURS. 8/6/15 See 9:30 a.m. Tues./Thurs. Morning Standing Ride details on THURS. 7/2/15.

THURS. 8/6/15 See 6:00 p.m. T'n'T Evening Ride details on THURS. 7/2/15.

FRI. 8/7/15 2-L/M No Drop 25-35 miles 8 a.m. This Odd FriDay series of rides will start at Central Park and be geared toward the riders who show. Central Park is located at the intersection of Bollinger and Alcosta Blvd., across from the Library. ALL riders are welcomed! We generally do a coffee shop stop near the end of the ride. (Beginner Friendly) Ride Host: Gail Blanco, gvblanco@aol.com, 925-872-1001.

SAT. 8/8/15 3-M 38 miles 9:00 a.m. Five Canyons Ride. We'll go over Dublin Grade to Castro Valley and then ride through the 5 Canyons area into the Hayward hills. Meet at San Ramon Central Park. Take I-680 to the Bollinger Canyon exit and go east; make a U-turn at Alcosta and a right turn into the park. Bring food and fluids. Ride Host: Peter Rathmann, 925-336-0973.

SUN. 8/9/15 2/M+B 30 miles 9:30 a.m. Tandemonium Ride. We're breaking out the tandems again and hoping to get a few more tandems, and a more diverse group of riders. We'll have a fast tandem group, as well as a slower tandem group. The single bikes can ride as their own group or off the back of the tandems. Tandems are a little slower up hill, but the descents are FAST and fun to ride in the drafts if you can. We will be doing a few regroupings and with it being Mother's Day, it will be a little bit shorter ride. If you're able to join us in this Tandemonium, meet at Diablo Vista Park on Tassajara Ranch Rd. just east of Crow Canyon Rd. <http://ridewithgps.com/routes/7605761>
Ride Hosts: Gail Blanco & Alberto Lanzas, 925-872-1001.

MON. 8/10/15 8:30 a.m. See Heather Farm Standing Ride details on WED. 7/1/15.

TUES. 8/11/15 See 9:30 a.m. Tues./Thurs. Morning Standing Ride details on THURS. 7/2/15.

TUES. 8/11/15 See 6:00 p.m. T'n'T Evening Ride details on THURS. 7/2/15.

TUES. 8/11/15 See 7:00 p.m. Lake Chabot Mountain Bike Ride details on TUES. 7/7/15.

WED. 8/12/15 8:30 a.m. See Heather Farm Standing Ride details on WED. 7/1/15.

WED. 8/12/15 See 6:30 p.m. Wednesday After Work (WAW) Ride details on WED. 7/1/15.

WED. 8/12/15 7:00 p.m. Executive Board Meeting at the home of Bob and Bonnie Powers, 6640 Spruce Lane in Dublin. Take San Ramon Road to Amador Valley Blvd; go east; turn right onto York Drive; turn right onto Spruce Lane.

PLEASE NOTE --- HERE ARE RIDE OPPORTUNITIES AND CLINICS IN ADDITION TO OUR REGULAR SCHEDULE

DAILY LUNCHTIME TRAINING RIDES: Join members of the Valley Spokesmen Racing Team and Lawrence Livermore Cyclotrons for daily training rides. Rides are 20-25 miles at a fast/brisk pace. Meet at 11:30 a.m., Monday through Friday, at the Lawrence Livermore National Laboratory Visitors Center on Greenville Road. NOTE: The group tends to split into fast and slow packs, so there is an option for a less vigorous pace. (Take I-580 to Greenville Road exit, go south on Greenville for about 3 miles, parking lot for the Visitors

Center is on the right, look for the flagpoles). For ride/course descriptions, contact Rocco Hollaway at 925-422-9701: hollaway1@llnl.gov

EVERY SUNDAY MORNING 3-B (hilly route and brisk pace) 35 miles (56 km) 8:00 a.m. Join the VS Race Team for a 3-B 35-mile ride with 2-B option (a little less hilly). We'll ride from the Bankhead Theater (North First St. @ S. Livermore) up Tesla, Cross Rd., Patterson Pass, South Flynn Rd. (or you can skip the Flynn climb and take Greenville), Altamont Pass Rd., residential streets to Dalton out to N. Livermore, Manning, Collier Canyon, Portola, and back to Livermore. Ride Leaders will vary. Contact Don Williams at 925-580-9395.

EVERY 1st SATURDAY MORNING each month. 4-S 45-60 miles (72-90 km) 9:00 a.m. Join the Wheels of Thunder and Valley Spokesmen Racing Team on a joint training ride. The ride starts in downtown Pleasanton from the parking lot on Neal Street between Main and First Streets (across from the drive-through milk store). The pace varies with re-grouping at the top of most long climbs. Most routes have turn-around points for those wanting shorter versions of the ride. All riders are welcome, but be warned that these are not entry-level rides. Each ride is a "no-drop" ride on rolling terrain that is close to 18 mph and is a good place for fit new riders to start. For information call Bob Fusco at 925-899-4027.

RIDE REVIEWS

May 23rd

The cool breeze was felt early on Julie's ride as it seemed to take a very long time just to reach the Dumbarton Bridge going directly into the wind. Fortunately most portions of our ride through Stanford, Woodside, San Mateo, Foster City, etc. were a bit more sheltered and we were able to enjoy the scenic surroundings not frequently visited on our club rides. On our return we meandered along the lovely Bay Trail through Foster and Redwood Cities and stopped for lunch at the Freewheel Brewery before having a very easy time coming back across the bridge since the wind out of the west was still blowing.

May 25th

We had a good turnout for Dick's Memorial Day ride from Heather Farm to Benicia. Still a little cooler than normal, especially when heading into the breeze, but the sunny skies were welcome as we enjoyed the scenic vistas of Carquinez Strait.

May 29th

After a cool start due to the lingering cloud layer, we warmed up quickly as Old Ranch provided the first of three short climbs on our way over to Livermore via Windemere, Fallon, and Jack London. Our return was pretty flat along Stanley into Pleasanton, a stop at Specialtys and then back along the Iron Horse.

May 31st

Julie hosted today's enjoyable tour of San Francisco. Didn't get much sun, but it was an enjoyable ride past many of the city sights

June 6th

Started off a little cool but warmed up quickly as the morning fog layer in the hills dissipated. We enjoyed the scenic views of the East Bay hills along Redwood and Pinehurst roads

which helped take our minds off any muscle pains. Our return was a quick jaunt down the Blvd. with Alberto setting the pace.

June 7th

A little warmer for today's 1st Sunday ride hosted by Kevin T. but the two Starbucks stops let us cool down and keep hydrated.

June 8th

Well summer arrived rather suddenly today with the temperature rising to 100F. Fortunately the ride from Heather Farm was largely on shaded streets and with only a few significant climbs as we headed south to Alamo and then east past the country clubs of Alamo, Diablo, and Blackhawk. Our return was along Camino Tassajara to Danville and then north on the Blvd. with a refreshment stop at Cherubini's in Alamo.

June 13th

Beautiful day for our ride down to Sunol and returning over Palomares and Dublin Grade. The early start let us finish before it got too warm but we still encountered quite a bit of traffic in Niles Canyon.

June 14th

Only two tandems showed up today, but there were plenty of singles to make up for that. Pleasant change to cooler temperatures as the strong onshore wind reasserted itself.

June 15th

Much cooler weather, especially before we had the sunshine come out, for today's ride from Heather Farm up to Moraga and Orinda.

+++++

I see the newly retired Don with you all – so jealous! Julie

June 19th

Gail's Odd Friday ride took us north through Danville and Alamo to the southern edge of Walnut Creek before heading east to Livorna Park and an optional out-and-back to Summit Ranch. After a regroup we continued on Stone Valley and up Green Valley on another out-and-back to Macedo Ranch before taking El Cerro into Danville for a stop at La Boulange before its scheduled closing in September.

June 20th

Nice day for the monthly Feather Pedals ride with a bit cooler weather aided by our earlier summer start time. The 'Plus' ride headed out to the end of Bollinger Canyon Rd. with a turnaround at the Las Trampas staging area. Didn't see any zebras today, but there were ostriches in their usual area in the hills west of the road.

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Nice day for the monthly Feather Pedals ride with a bit cooler weather aided by our earlier summer start time. The 'Plus' ride headed out to the end of Bollinger Canyon Rd. with a turnaround at the Las Trampas staging area. Didn't see any zebras today, but there were ostriches in their usual area in the hills west of the road. Peter

June 23rd

Jane hosted the Tuesday morning ride from the Dublin Livermore Cyclery through the Windemere development and continuing to Alamo Plaza for refreshments at Peet's. Nice to have a little cooler weather today before things warm up again. Peter

June 27th

Some welcome cloud cover for a change on parts of our ride from San Ramon Central Park to Walnut Creek passing through various neighborhoods in Danville, Blackhawk, and Alamo. We had two refreshment stops; an unplanned one at a lemonade/snack stand at Livorna Park and at La Boulange in Danville. Peter

June 28th

Excellent riding day, although not ideal for scenic vistas, as the fog layer kept things cooler while limiting our views of the bay and surrounding hillsides. Kathy took us over multiple summits (Dublin Canyon, Redwood, Pinehurst, Skyline, Grizzly Pk.) on this scenic loop around the east bay area. Peter

UPCOMING EVENTS

- July** 11 Tour of the CA Alps (Death Ride), Markleville, CA
- 18 Windmill Century, Santa Maria, CA
- 25 Santa Cruz Mtn Challenge, Scotts Valley, CA

- August** 1 Marin Century & Double Century, Marin Cty, CA
- 1 Tour de Big Bear, Big Bear Lake, CA
- 1 Ride 2 Recovery, Orange County, CA
- 9 Tour de Organics, Sebastopol, CA
- 15 Holstein Hundred Fun Rides, Tomales, CA
- 16 Tour of Napa Valley, Yountville, CA
- 22 Tour de Menlo, Menlo Park, CA
- 22 Ebbets Pass Century, Bear Valley, CA
- 22 Central Coast Century, Arroyo Grande, CA

VALLEY SPOKESMEN AFFILIATIONS

- Adventure Cycling – www.adventurecycling.org
- Bay Area Ridge Trail Council – www.ridgetrail.org
- Bike East Bay – www.bikeeastbay.org (formerly EBBC)
- Bicycle Trail Council of the East Bay - www.btceb.org
- C.B.C. - California Bicycle Coalition - www.calbike.org
- California State Parks Foundation - www.parks.ca.gov
- East Bay Regional Parks - www.ebparks.org
- Greenbelt Alliance – www.greenbelt.org
- L.A.B. - League of American Bicyclists - www.bikeleague.org
- National Parks Conservation Association - www.npca.org
- Nature Conservancy – www.nature.org/legacy
- Planning and Conservation League - www.pcl.org
- Rails to Trails – www.railstotrails.org
- Yosemite Conservancy

VALLEY SPOKESMAN GENERAL MEMBERSHIP MEETING

June 3, 2015 7:00pm – Round Table Pizza., Dublin, CA
 Call to Order at 7:00 pm. by Marcus

Present: Marcus Van Raalte, Clay Dunning, Bonnie Powers, Kathy Koos, Peter Rathmann, Jane Moorhead

Absent: Dan Carhart, Ken Hernandez, Julie Hampton, Joe Cheng, Mark Dedon

Treasurer's Report--absent, no report

Old Business

Ride Report and Ride Library--Peter mentioned that past rides included an assortment of floral rides in addition to rides involving Bart trips to South San Francisco to ride the peninsula with one group going across the Dumbarton Bridge. There was a ride to Santa Cruz and one overnight ride to the Davis Bicycle Hall of Fame. Peter expressed thanks to Gail

and Steve K. for hosting rides and also mentioned that he is still looking for ride hosts for a Saturday in August and a few Sundays in July. There are also a few Wednesdays are open as well. Please let Peter or Joe know if you're available to host.

VS Website—nothing new to report.

TOSRD--Francie reported the dates for TOSRD will be October 10th and 11th this year. Online registration for this event may be available. Francie will try to keep costs as close as last year's as possible. Bonnie expressed a need for volunteers willing to help with food on Saturday or Sunday. Jim Duncan will need sag drivers and help loading the trucks on Saturday morning. Marcus inquired if we'll be using the same route? Francie and Jim advised that it all depends on road closures, etc. There may be a possible detour by a winery this year. The event is scheduled the same day as the Sacramento Century, so there will be other cyclists out on the road to be aware of. There will be no jerseys this year.

Community Liaison's Report--Francie reported that Mike's Bikes is doing a ride through Dublin.

Bonnie reported that Valley Spokesmen has been notified by the California Association of Bicycling Organizations and California Bicycle Coalition that Caltrain wants to decrease the number of bikes on electrified trains. CABO and CBC are seeking support to advocate for an increase of bicycle capacity on Caltrain and all trains by 16%-20% by June 30th in order to meet the demand and future growth.

Correspondence- Bonnie mentioned that everything is in the newsletter.

New Business

Oakland A's Tickets--Jane Moorhead reminded everyone that Julie has secured Oakland A's tickets. If you're interested in going, you may want to expedite your purchase. Julie is going to be unavailable during July and is trying to wrap this event up. Everything is linked on the website (game day, price, etc.).

Organizational Task Force--Clay provided a brief report on the accomplishments of the Organizational Task Force (Jim, Marcus, Jane, Bonnie, Bob Heady, Clay). Counsel was retained to review the By-Laws and Articles of Incorporation and to draft By-Laws and Articles that were consistent with Club practice and subsequent operation of the Club. The Articles and By-Laws have established a quorum, changed the way the membership meetings are referred to, and have adopted an electronic consent for electronic voting. The Task force is working through other matters including the conditions posed with the approval of the organizational flow chart which included a section on job descriptions. The process for elections is being revised. Documents of all the changes will be posted on line as soon as they have been fully executed.

Good of the Order

Road Closures/Changes--Jim Duncan reported that Valley Drive, heading south, just before you dip down before Stanley, is barricaded due to construction. Patterson Pass is going to be closed from July through September from Cross Roads to Midway. Jim doesn't know if it will be closed on weekends as well. It is closed due to major road relocation work.

Meeting adjourned at 7:22 p.m. to the Executive Board meeting June 10, 2015 at 6640 Spruce Lane, Dublin, CA

Entertainment --Clay Dunning's presentation of Provence

VALLEY SPOKESMAN EXECUTIVE BOARD MEETING

June 10, 2015 7:00 p.m., 6640 Spruce Lane, Dublin, CA
CALL TO ORDER by Marcus at 7:00 pm.

Present: Marcus Van Raalte, Clay Dunning, Dan Carhart, Kathy Koos, Bonnie Powers, Joe Cheng, Peter Rathmann, Julie Hampton, Jim Duncan

Absent: Jane Moorhead, Ken Hernandez, Mark Dedon

May E-Board Meeting Minutes: See June Newsletter - Bonnie noted the minutes need to be corrected. Bonnie has a corrected copy which she will send to Steve and Peter for posting on the website archives.

TREASURER'S REPORT: Dan reported that documents concerning conflict of interest issues need to be completed by anyone within the club that had access to and use of club funds. He has sent the appropriate email and documents out and will resend again. Dan also provided the board with updated financial information.

OLD BUSINESS

Ride Report: Peter reported no changes in the ride report since the General Meeting held last week.

Website: Nothing new to report.

Master Plans: Julie mentioned there is a Bike Walnut Creek Meeting tomorrow night (June 11).

Correspondence: Bonnie reported that we have paid the dues for affiliation with the California State Parks Foundation and Bike East Bay.

NEW BUSINESS

Report from Organizational Task Force on Amendment of Articles and Bylaws: Clay reported on the Task Force accomplishments. Clay passed out the previously adopted Organizational Flow Chart. The Chart was approved with the provision that job descriptions would be defined and included in By-Laws. After reviewing, discussing, and amending the descriptions, Clay made the motion to approve the Officer Job Descriptions for incorporation into the revised set of By-Laws of Valley Spokesmen Bicycle Club in conjunction with the organization chart previously approved by the board at its meeting of May 13, as amended with wording maintaining the "Ex-Officio" status of the past President. The motion was seconded by Bonnie and approved by all. The motion carried.

Election Procedures: Clay presented updated material on the proposed election procedures. These procedures will not be imbedded in the By-Laws. The procedures allow for one vote per family in accordance with California State Law. Bonnie made a motion to allow family members to continue with the two votes per family as has been done in the past, even though the California Law states otherwise. Peter seconded the motion. The motion was amended to maintain the two vote rule only for the 2015 election for the 2016 Board of Directors. Julie, Bonnie, Peter, Dan, and Kathy voted in favor of the amended motion. Marcus and Clay voted against it. The motion carried. Clay made a motion to approve the Valley Spokesmen Election Guidelines as set forth in the five page document entitled "Valley Spokesmen Election Guidelines" including sections: Nominating Committee, Ballot Prep and Mailing Instructions, Sample Ballot, Mail in Ballot Envelope, December Membership Meeting/Conduct of the Election portion of the December General Club Meeting, the Valley Spokesmen Vote Counting Procedure. Marcus seconded the motion, all present voted in favor. The motion carried.

Revisit Procedure and Protocol for Rider Violation of VS Standards for Safety: The Board again addressed concerns expressed by ride hosts regarding the procedure to adopt when observing a rider engaging in unsafe riding practices. The Board previously agreed to permit ride hosts the option to exclude a rider's participation in a ride if they deem that rider engages in unsafe cycling practices. Marcus pointed out that when the situation arises where a ride host has deemed it necessary to exclude a rider, then that host should notify the

Board either in writing or in person. The host should specify what action led to that decision and what action the host took. The main objective is to make sure that any exclusion is not trivial and not discriminatory in nature. Ride hosts should provide a written report detailing why they declined a rider's participation in a ride. Marcus made the motion that ride hosts, or leaders, need to alert the Board (in writing or by appearance) that a rider was excluded from a ride and the reasons for that exclusion. Clay seconded the motion. All members present voted in favor. The motion passed. Marcus will draft procedures for the Board to review regarding ride leader guidelines. When those guidelines are reviewed and adopted, Clay will add them to the existing ride leader guidelines on-line.

Mt. Diablo Challenge: Bonnie had nothing to add to Julie Seelen's previous request seeking volunteers for the Mt. Diablo Challenge Cycling Event. Julie Hampton will post the request for volunteers in the August newsletter.

GOOD OF THE ORDER

-Please note that Emma has elected to retire from her services on the Board. The Board extends a warm thank-you to Emma for all of her hard work and services to the Executive Committee and to the Membership. Please note that Julie and Jane have assumed Emma's past responsibilities.

-Peter and Joe will be touring and will be seeking other members' assistance to help with the Ride Calendar for the duration of their absence.

Marcus adjourned the meeting at 8:46 pm to the Executive Board meeting on July 8, 2015 at 6640 Spruce Lane, Dublin, Ca.

Respectfully Submitted,
Kathy Koos, Recording Secretary

**Valley Spokesmen Bicycle Club Correspondence
June 2015**

Correspondence sent:

1. Check to State of California Franchise Tax Board for non-profit corporation fee.
2. Check to Fremont Minuteman Press for printing of June newsletter.
3. Check to James Paulos for storage binder for 2013 ride sheets.
4. Check to Karin Ball for Feather Pedal expenses.
5. Check to Round Table Pizza for June meeting
6. Check to Postmaster for annual post office box fee.
7. Check to Karin/Dean Ball for gasoline used on Feather Pedal rides.
8. Check to Bike East Bay for annual membership fee.
9. Check to California State Parks Foundation for annual membership fee.
10. Check to Donahue Fitzgerald, attorneys for updating club By-laws and Corporation papers.
11. Check to California Highway Patrol for balance due on Cinderella day.
12. Check to Business Card (B of A) for club clothing, Wild Apricot and fees.

Correspondence received:

1. Notice from California Secretary of State requesting information to be completed on Form SI-100.
2. Information on upcoming events and tours.
3. Newsletters and magazines from various clubs, organization and businesses.

☯ ☯ ☯ **VALLEY SPOKESMEN CLUB GEAR** ☯ ☯ ☯

The following Valley Spokesmen clothing is available:

- short sleeve jersey - club cut - .. \$65.00
- short sleeve jersey - women's cut - \$65.00
- long sleeve jersey - *(to be discontinued)*\$70.00
- sleeveless wind shell vest - \$60.00
- long sleeve jacket - *(to be discontinued)* \$69.99
- shorts - women / men - . . . \$58.00
- bib shorts - *(to be discontinued)* . . . \$65.00
- arm warmers .. \$30.00
- gloves - yellow, blue, black - *(changing to blue & black only)* - . \$27.00
- socks - white, yellow, black - *(changing to blue & black only)* - \$7.00

Contact Jim Duncan: hey-you@comcast.net or 925-209-1369

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Mileage as of 6/19/15 of those sign-in sheets turned in			
Name	Total of Miles	Rides Led	Total Rides
Agostino, Val	273	0	7
Allen, Joe	508	1	13
Ammann, Alicia	227	0	5
Ball, Karin	340	3	9
Barbier, Larry	1009	0	31
Barnett, Bob	1431	0	36
Bartlett, Christine	252	0	6
Bezdek, Larry	1246	0	28
Blain, Bob	291	0	9
Blanco, Gail	1836	22	42
Buckingham, Charles	464	0	14
Carhart, Dan	1586	23	44
Carpenter, Don	721	0	19
Castleman, Ellen	240	0	5
Cheng, Joe	1365	6	32
Choy, Serena	607	0	18
Cohen, Sahrye	209	0	5
Conger, Jim	563	6	18
Cosin, Wendy	904	6	25
Crawford, Erin	273	0	6
Crawford, Marlowe	365	0	8
Crawford, Matt	313	0	7
Culshaw, Pete	1414	17	36
Culshaw, Sharon	390	0	13
Cushman, Francie	1154	3	32
Daly, Deb	397	0	8

Mileage as of 6/19/15 of those sign-in sheets turned in			
Name	Total of Miles	Rides Led	Total Rides
Dangerfield, Melba	280	0	8
de la Motte, Janelle	309	0	8
Dedon, Erica	303	1	9
Dedon, Mark	730	2	21
Delfosse, Rob	1107	6	28
Deornelas, Vic	1008	1	19
Derrick, Peter	222	0	6
Duncan, Jim	1088	3	33
Dunning, Clay	717	5	14
Dunning, Craig	487	5	9
Duran, Veronica	464	0	17
Duvoisin, Marc	239	0	6
Dworkin, Doug	264	0	7
Eacret, Wes	358	0	8
Enriquez, Gilbert	840	0	22
Faires, Debbie	256	0	6
Ferriere, Karen	208	0	5
Frantz, Pat	280	0	7
Fraser, Jack	242	0	6
Fraser, Maribel	228	0	5
Fujii, Bob	338	0	7
Fujii, Vivian	221	0	5
Fusco, Bob	534	0	15
Gabe, Jan	537	0	16
Garcia, Dave	911	0	27
Gelder, Jacki	234	0	6
Gomez, Lynnette	326	0	8
Goroff, Marc	509	0	12
Green, Jan	265	0	6
Grinols, Susan	240	0	7
Groves, Susan	353	0	9
Guarienti, Faye	297	0	6
Haar, Crista	237	0	5
Hagelin, Craig	620	0	19
Hampton, Julie	487	2	13
Hansen, Renata	680	0	16
Haupt, Chuck	795	0	21
Heady, Bob	623	21	29

Mileage as of 6/19/15 of those sign-in sheets turned in			
Name	Total of Miles	Rides Led	Total Rides
Healy, Theresa	649	0	14
Hernandez, Ken	1500	2	35
Hernandez, Mary	841	1	21
Hirt, Janice	217	0	6
Huey, Jeanine	201	0	4
Jakubowski, Diane	393	0	9
Kane, Kathy	389	1	9
Kiely, Mary Ann	207	0	5
Koos, Gary	365	0	7
Koos, Kathy	1022	3	19
Kowalewski, Steve	328	2	11
Kriebel, Olivia	211	0	4
Kyong, Peter	1003	0	29
Lagodzinski, Andrew	281	0	6
Lanzas, Alberto	1240	9	27
Leddon, Dave	1177	0	31
Lee, Karen Klimkosky	206	0	5
Licata, Barbara	252	0	6
Lifter, Jill	285	0	7
Lisy, Norm	532	0	14
Louis, Ken	328	0	10
Lund, Shauneen	236	0	7
Madelo, Adele	486	0	11
Maggio, Lauren	350	0	9
Makkink, Marjon	249	0	6
Martin, Robin	213	0	5
Mayfield, Milinda	241	0	5
Meyers, Leslie	272	0	6
Miller, Kristen	323	0	7
Moore, Janet	278	0	7
Moorhead, Jane	795	20	37
Morson, Kathy	301	0	8
Nadeau, Alaine	400	0	14
Neal, Dave	247	0	5
Norek, Al	447	0	15
Nowell, Keith	206	1	6
Nowell, Linda	327	2	8
O'Boyle, Maureen	202	0	5

Due to changes or cancellation of a ride, go to the VS website ride calendar to confirm the accuracy of a ride listing.

Mileage as of 6/19/15 of those sign-in sheets turned in			
Name	Total of Miles	Rides Led	Total Rides
Ondricek, Doug	596	10	18
Parrish, Charles	999	0	30
Pearsons, Ruth Ann	205	0	5
Pereira, David	877	5	23
Pham, Chris	302	1	9
Pickard, Lisa	231	0	6
Piekarski, Sharon	307	0	7
Po, Ismael	1147	0	33
Powers, Dick	628	0	14
Putnam, Ned	511	0	14
Rafanelli, Pam	291	0	7
Rasmussen, Ron	505	0	14
Rathmann, Peter	3630	13	96
Reilly, T.J.	630	0	18
Roberts, Susan	259	0	7
Roe, Joan	205	0	4
Rossiter, Jaynette	606	0	20
Sandoval, Veronica	261	0	7
Satoutah, Brahim	1099	3	22
Seda, Marta	247	0	6
Serriere, Vianney	613	0	14
Settle, Andy	1044	0	26
Shannon, Geoff	1483	13	40
Shigemoto, Lisa	212	0	6
Shum, Bart	446	0	9
Simpson, Christy	1380	2	38
Skow, Dick	1167	6	31
Slagle, Pete	212	0	6
Smith, Jerry	386	0	10
Smith, Maren	286	0	8
Spiegel, Joan	312	0	9
Stevens, Jan	859	0	25
Stewart, Mike	1140	0	31
Strain, Kathy	1006	4	22
Strain, Robert	1101	6	23
Stucky, Jane	292	0	6
Talbot, Chris	314	0	10
Thieben, Kevin	802	1	17

Mileage as of 6/19/15 of those sign-in sheets turned in			
Name	Total of Miles	Rides Led	Total Rides
Thomas, Walt	349	0	10
Thompson, Dianne	919	1	20
Uher, Julie	357	0	10
Uher, Will	552	0	12
Van De Vreugde, Jim	820	0	17
van Raalte, Laurie	224	0	6
van Raalte, Marcus	876	0	18
Vergino, Eileen	242	0	5
Ward, Dick	465	0	16
Weiny, Ira	309	0	8
Weiny, Lorrie	406	0	10
Whelan, Steve	1431	0	33
Williams, Siobhan	239	0	6
Wong, Liane	275	0	6
Wood, Rebecca	567	3	14
Woods, Colleen	307	0	8
Yantis, Marcheale	494	2	14
Zak, Kelly	278	0	6
Zucker, Pam	239	0	6

These totals represent miles ridden by club members who have covered more than 200 miles on club rides during 2015.

Total miles ridden by club members so far this year is 109,868!!!

DON'T FORGET – Ride Hosts of club rides earn points toward FREE stuff. The more rides you lead, the more you receive – FREE!

Ride Hosts – Please turn in your sign-in sheets as quickly as possible. Members enjoy keeping track of their mileage and are anxious to know what their total is each month. Currently there are 36 sign-up sheets missing since the first of the year.

VALLEY SPOKESMEN
Bicycle Touring Club
Post Office Box 2630
Dublin, California 94568

2015 CLUB OFFICERS

President:	Marcus van Raalte	925-437-3253
Vice-President:	Clay Dunning	818-266-2660
Treasurer:	Dan Carhart	925-828-8964
Recording Secretary:	Kathy Koos	925-963-8506
Corresponding Secretary:	Bonnie Powers	925-828-5299
Ride Chairmen:	Joe Cheng	925-683-9689
	Peter Rathmann	925-838-1973
Newsletter Editor/Typist	Julie Hampton	510-685-7103
Electronic Newsletter Editor	Jane Moorhead	925-980-9889
Newsletter Publisher:	Emma Olenberger	707-479-2549
Past President	Mark Dedon	925-828-9183
V.S. Racing Team contacts:	Jim Duncan	925-209-1369
	Ted Vidnovic	925-337-2803

2015 PRESIDENTIAL APPOINTMENTS

Cinderella Chairmen:	Jim Duncan	925-209-1369
	Bob Powers	925-828-5299
Swap Meet:	Bob/Bonnie Powers	925-828-5299
T.O.S.R.D. Chairman:	Francie Cushman	925-719-2256
E.B.B.C. Rep.:	Adele Madelo	510-773-0693
Mileage Keeper:	Jim Paulos	510-200-8125
Webmasters:	Ken Hernandez	510-329-9481
	Steve Whelan	925-831-8258
Feather Pedals liaisons:	Karin Ball	408-406-2286
	Rebecca Wood	925-577-3842

Community Liaisons:

Alamo	Ralph Speck	925-837-2932
Castro Valley	Open	
Concord:	Jean Watts	925-676-6164
Danville	Alan Kalin	
Dublin	Francie Cushman	925-719-2256
Hayward	James Paulos	510-200-8125
Lafayette	Open	
Livermore:	Open	
Oakland	Adele Madelo	510-773-0693
Pleasanton:	Bill Rose	925-846-3867
Pleasant Hill:	Open	
San Ramon:	Peter Rathmann	925-828-1973
Walnut Creek:	Peter Culshaw	925-932-0790

We appreciate receiving articles and photos to be printed in the newsletter. We will give articles of a timely nature priority.

You are encouraged to reprint with credit any articles in this newsletter.

VALLEY SPOKESMEN

<http://www.valleyspokesmen.org>

2015 current club members may subscribe to the VS mailing list by following the directions at:

<http://www.valleyspokesmen.org/Sys/vs-list>